



**Regional Community Advisory Committee (RCAC)  
Region 11 – Pomona - Committee Summary**

dA Center for the Arts  
252 D South Main Street  
Pomona, CA 91766  
September 19, 2018

<b><u>MEMBERS</u></b>				<b><u>ADOVOCATES</u></b>			<b><u>STAFF/MANAGEMENT</u></b>	
Gladys Alvarez	P	Maria Ángeles Refugio	P	Mario Ramos, <i>(Advocate)</i>	P	Frank Meza, <i>Field Specialist, Community Outreach &amp; Engagement</i>		
Sandra Aramburo	P	Rosa Pastrana	P	Ana Gonzalez <i>(Advocate)</i>	P	Felicia Gray, <i>Liaison, Community Outreach &amp; Engagement</i>		
Evangelina Candelario	P	Linda Resendez	E	Johhny Chua <i>(Provisional Member)</i>	P	Aaron Garcia, <i>Member Services Health Navigator</i>		
Angelica Vazquez Cisneros	P	Elda Sevilla <i>(Vice Chair)</i>	P					
Reyna Hernandez	P	Lluvia Salazar <i>(Chair)</i>	P	<b><u>GUESTS/PUBLIC</u></b>				
Mariela Lopez	P	Tanya King <i>(Provisional Member)</i>	E			<b><u>INTERPRETERS</u></b>		
Reyna Orellana	P	Layla Gonzalez-Delgado, <i>L.A. Care Board Member</i>	P			Eduardo Kogan & Paula Alvira		
Marina Garcia	P	Bianca Gonzalez, <i>(Advocate/ChapCare)</i>	E					

**Attendance: Members 13, Advocates 1, Providers 0, Public 0, Staff 3, Interpreters 2  
(P) Present, (E) Excused absence, (U) Unexcused absence**

**(R) Removed due to recertification/absences/membership termination.**

	<b>AGENDA ITEM</b>	<b>SUMMARY OF DISCUSSION AND FOLLOW-UP</b>
<b>I</b>	<b>WELCOME &amp; INTRODUCTIONS</b>	<ul style="list-style-type: none"> <li>• Lluvia Salazar, <i>RCAC 11 Chair</i>, called the meeting to order at 9:30 a.m.</li> <li>• Frank Meza reviewed the meeting materials and the agenda prior to the start of the meeting.</li> <li>• RCAC members read the: L.A. Care Mission Statement and Meeting “Ground Rules”.</li> </ul>
<b>II</b>	<b><u>BUSINESS</u></b> Approval of Agenda & Meeting Summary	<p><b><u>Meeting Agenda &amp; Summary</u></b></p> <ul style="list-style-type: none"> <li>• The agenda for September 19, 2018 was approved as presented.</li> <li>• The July 19, 2018 meeting summary was reviewed and approved.</li> </ul> <p><b><u>Executive Community Advisory Committee (ECAC) Report</u></b></p> <ul style="list-style-type: none"> <li>• Reyna Orellana attended the September 8, 2018 ECAC meeting and reported the following:               <ul style="list-style-type: none"> <li>➤ Ms. Hernandez talked about the special event that was held to introduce the eight medical school scholarship recipients under L.A. Care’s new program, “Elevating the Safety Net.” The safety net is the network of providers, including physician practices, clinics and other facilities, and hospitals that serve communities with our most vulnerable population.</li> </ul> </li> </ul> <p><b><u>Board of Governors (BOG) Report</u></b></p> <ul style="list-style-type: none"> <li>• Angelica Vasquez Cisneros, RCAC 11 Member was scheduled to attend the September Board of Governors Meeting, however was not able to attend.</li> <li>• Layla Gonzalez-Delgado, Board Member reported on the following from the Board of Governors retreat scheduled on September 6, 2018.               <ul style="list-style-type: none"> <li>➤ The Board annual retreat was held at the California Endowment Center for Healthy Communities. Governor Howard Dean, former Democratic National Committee Chairman, presidential candidate, and physician, currently works as an independent consultant focusing on the areas of health care, early childhood development, alternative energy and the expansion of grassroots politics around the nation was a guest speaker. Dr. Dean described a trend of consolidation in medical industry.</li> <li>➤ The Board passed a motion to approve delegated authority to John Baackes, Chief Executive Officer, to issue up to \$335,000 thru Fiscal Year 2017-2018 Community Health Investment Fund ad hoc funds to the Antelope Valley Community Clinic to support L.A. Care members’ access to safety net providers.</li> </ul> </li> </ul> <p><b><u>Members Attending the ECAC Meeting</u></b></p>

**CO&E REPORT**

Frank Meza, *Field Specialist*

- Marina Garcia is scheduled to attend the ECAC meeting on Wednesday, October 10, 2018. The meeting location will change for October only and will be communicated to the individuals who will be attending ECAC as soon as the location is finalized.
- Maria Angeles Refugio is scheduled to attend the ECAC meeting on Wednesday, November 14, 2018 at L.A. Care Health Plan.

**Member Attending the Board of Governors (BOG) Meeting**

- Ana Gonzalez is scheduled to attend the BOG meeting on Thursday, October 4, 2018 at L.A. Care Health Plan.
- Elda Sevilla is scheduled to attend the BOG meeting on Thursday, November 1, 2018 at L.A. Care Health Plan.

**Community Outreach & Engagement (CO&E) Report**

- The training for the newly elected Chairs and Vice Chairs took place on Wednesday, August 29, 2018 from 8:30 a.m. to 3:00 p.m. The training was well attended and the new RCAC Vice Chair, Maria Angeles Refugio shared with the group her experience and stated she enjoyed the topics that were presented.
- The final ECAC Leadership Training is scheduled for Friday, September 28, 2018, which will be titled “L.A. Care Business Part 2”. This training is mandatory for all Chair, Vice-Chair and At-Large Members.

**RCAC Member Polo Shirts**

- All RCAC 11 Members received their polo shirts that were ordered a few months ago. RCAC Members are able to wear their shirts for RCAC meetings, health fairs, and Community Outreach events scheduled throughout the year as part of the Work-plan projects.
- Additional shirts will be ordered for new members who join the RCAC.

**Legislative Update**

**Proposition 10**

- In November, California voters will decide whether to give cities and counties freedom to expand the use of rent control.
- This initiative would allow local governments to adopt rent control ordinances and regulations that govern how much landlords can charge tenants for renting apartments and houses. Proposition 10 would also state that a local government's rent control ordinance shall not abridge a fair rate of return for landlords.
- L.A. Care will keep tracking this proposition and will bring back the outcome following the November elections.
- Lluvia Salazar, RCAC Chair, provided an update on the following legislative topics presented at the September 12, ECAC meeting:

		<ul style="list-style-type: none"> <li>• At the end of August, the California Legislature ended its 2018 legislative session. The Legislature considered a number of budget proposals as well as legislation to expand Medi-Cal eligibility and improve affordability of individual coverage through state-funded subsidies and cost sharing support. None of the budget proposals made it into the final 2018-19 state budget that was passed in June. The following bills did not make it out of Committee and are dead.</li> <li>• <b>Assembly Bill 2965 (Arambula) and Senate Bill 974 (Lara)</b> aimed to use state only funds to expand the Medi-Cal program to include undocumented adults who would otherwise be eligible for Medi-Cal benefits but are not currently eligible because of their immigration status.</li> <li>• <b>Assembly Bill 2430 (Arambula)</b> aimed to end the poverty trap for elderly Californians who are just on the wrong side of being 123 percent of the poverty line, and who currently don't qualify for Medi-Cal.</li> <li>• RCAC Members will continue to receive updates about the two legislative bills at their upcoming RCAC meetings.</li> </ul>
<b>III</b>	<b>REGIONAL ISSUES</b> Frank Meza, <i>Field Specialist</i>	<ul style="list-style-type: none"> <li>• There were no member issues presented.</li> </ul>
<b>IV</b>	<b>Get Up &amp; Move</b>	<ul style="list-style-type: none"> <li>• Members were given the opportunity to stretch and take a break.</li> </ul>
<b>VI</b>	<b>WORK PLAN PROJECT</b> Frank Meza, <i>Field Specialist</i>	<p><b><u>RCAC/ Community Work Plan Projects 2017/2018</u></b></p> <p><b><u>Community Partnership</u></b></p> <ul style="list-style-type: none"> <li>• Toyin Idehen, Executive Director, from United Against Poverty and Disease (UAPAD) provided an update from the Women's Health &amp; Wellness event that took place on Saturday August 25, 2018 at the Park Tree Community Health Center in the city of Pomona.</li> <li>• This event was beneficial and all attendees learned about the available services in the immediate service area. Additionally, the health center's prenatal program was in attendance and provided information about available services for pregnant women. The Comprehensive Perinatal Services Program (CPSP) connects pregnant women with various services that they may need throughout their pregnancy such as housing, food, mental health and other social services.</li> </ul>

		<ul style="list-style-type: none"> <li>• The partnership with UAPAD was great for this event in that both organizations focus on women’s health promotion and management, which was the key focus of the event. In addition, Park Tree provides behavioral health services in addition to health education to their patients and the community.</li> </ul> <p><b><u>Health Education Training Evaluation</u></b></p> <ul style="list-style-type: none"> <li>• Frank Meza provided a presentation about the results from the pre and post-tests that were completed by members during the Health Education presentations at the RCAC meetings on the three following health topics: <ul style="list-style-type: none"> <li>➤ Diabetes</li> <li>➤ Heart Health</li> <li>➤ Cervical Cancer</li> </ul> </li> <li>• All participants were asked the following questions to gather feedback: <ul style="list-style-type: none"> <li>➤ How much our members know before and after each presentation</li> <li>➤ How much our members learned, and</li> <li>➤ If the presentation was successful or needed improvement</li> </ul> </li> <li>• The results of the pre and post-tests were broken down into percentages per health topic, which illustrated whether there was an increase or decrease in their knowledge of the material after completing each presentation.</li> <li>• Frank Meza encouraged members to provide feedback whether the training materials are too long or high-level, which may make it difficult for members to retain the information and in return provide what they learned to their community.</li> <li>• Everyone completed an evaluation.</li> </ul> <p><b><u>RCAC Work-Plan Community Outreach Events</u></b></p> <ul style="list-style-type: none"> <li>• Members will be participating in 2-3 Outreach Events in their community to provide basic information on Diabetes, Heart Health, and Cervical Cancer.</li> <li>• Frank Meza and Felicia Gray will call members when the logistics for the Outreach Events have been finalized, so members can plan to attend.</li> </ul>
VII	<b>FUTURE AGENDA ITEMS</b> Group	<ul style="list-style-type: none"> <li>• No future agenda meeting items were presented.</li> </ul>

<b>VIII</b>	<b>MEETING EVALUATION</b> Group	<ul style="list-style-type: none"> <li>Members were informed to complete their meeting evaluation.</li> </ul>
<b>IX</b>	<b>PUBLIC COMMENTS</b> Group	<ul style="list-style-type: none"> <li>Ana Gonzalez, RCAC 3 Member provided information about “What you need to do when a Family Member or Loved one has passed”. Ms. Gonzalez talked about the areas that one must take care of or what the process looks like when dealing with an unforeseen situation. Ms. Gonzalez provided additional information, resources and offered to be a resource if anyone has questions or needs help with this topic.</li> <li>The RCAC thanked Ms. Gonzalez for the information.</li> <li>Mario Ramos, Community Partner, encouraged everyone to go out and vote during the upcoming November Elections and how their vote makes a difference.</li> </ul>
<b>X</b>	<b>ADJOURNMENT/ NEXT MEETING DATZE</b> <i>Lluvia Salazar, RCAC 11 Chair</i>	<ul style="list-style-type: none"> <li>Meeting Adjourned at 12:00 p.m.</li> <li>The next meeting is scheduled for <b>Thursday, November 15, 2018 at the dA Center for the Arts at 252 D. South Main Street, Pomona, CA 91766.</b></li> </ul>


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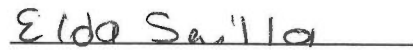
Frank Meza, *Community Outreach Field Specialist*

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Lluvia Salazar, *RCAC 11 Chair*

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 Frank Meza, Community Outreach Field Specialist

  
 ELDA SEVILLA, RCAC 11 CHAIR