



Regional Community Advisory Committee (RCAC) Region 8

Long Beach Community Resource Center

5599 Atlantic Blvd., Long Beach, CA 90805

Monday, September 23, 2024

10:00 a.m. – 12:30 p.m.

Meeting Summary

Member Attendance				Staff/Management Present
Ana Maria UcBatun	P	Bunly Buth	P	Hilda Herrera , <i>Community Outreach Field Specialist</i>
Ana Romo	P	Carmencita B. Fernandez	P	Tyonna Baker , <i>Community Outreach Field Specialist</i>
Belen Garcia	P	Deaka McClain	P	Idalia De La Torre , <i>Community Outreach Field Specialist Supervisor</i>
Dioselina Garcia	P	Hong Sok Pham	E	Auleria Eakins , <i>Community Outreach Manager</i>
Higinio Carillo	P	Ichnarin Chea	P	
Hoda Saber Mansour	P	Maria Cruz	P	
Maria Alvarez	P	Ravy Morrath	P	
Maria I. Tamayo	E	Richard Hernandez	P	
Maria Montes	P	Sambour Lay	P	
Maria N. Lopez	P	Samouth Vonn	P	
Mario Magdaleno Serafin	U	Sheila Thach	P	
Raul Montes Cano	P	Thoura Day	P	
Rita Elizabeth Montes	P	Tonya Byrd	P	
Arun Tes Yang	P			

(P) Present (E) Excused Absence (U) Unexcused Absence

Public Attendance	Interpreter Attendance
Andria McFerson	Izmir Coelho
	Andrew Yates

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	Bo Uce

MEETING SUMMARY, DISCUSSION, AND FOLLOW UP	
I. Welcome & Introduction (15 min)	Agenda Lead
<p>A. Call Meeting to Order</p> <ul style="list-style-type: none"> a. Tonya Byrd, Interim RCAC Chair, welcomed everyone and called the meeting to order at 10:00 a.m. b. Tonya Byrd asked the RCAC members to review the agenda for approval. <p>B. Approval of Agenda</p> <ul style="list-style-type: none"> a. Tonya Byrd asked for a motion to approve the agenda. b. Deaka McClain, RCAC 8 member, approved the motion and Richard Hernandez, second the motion. c. There was no further discussion, and the committee approved the agenda as presented. <p>C. Group Connection</p> <ul style="list-style-type: none"> a. Tonya Byrd, Interim RCAC Chair, introduced and provided instructions for the group connection activity. b. The group went around the room to present themselves and share a fun fact about themselves. 	<p><i>Tonya Byrd, Interim RCAC Chair</i></p> <p><i>Hilda Herrera, CO&E Field Specialist</i></p>
II. Develop RCAC Group Agreement (15 min)	Agenda Lead
<p>A. Review Basic Group Agreements</p> <ul style="list-style-type: none"> a. During this section of the agenda, Tonya Byrd initiated the review of the Group Agreement and requested volunteers to read each agreement. b. RCAC members volunteered to read each of the agreements presented. c. The interim RCAC Chair asked the members if anyone would like to add to the agreements for RCAC 8. d. Deaka McClain stated that she would like to add an additional group agreement: Feel comfortable talking to staff. The group agreed to add this to the RCAC 8 group agreements. 	<p><i>Tonya Byrd, Interim RCAC Chair</i></p> <p><i>RCAC Members</i></p>

<p>e. Maria Alvarez stated that she would like to add an additional group agreement: Put phone on silent and if you need to take a call step outside. The group agreed to add this to the RCAC 8 meeting agreements.</p> <p>f. Maria Montes stated that she would like to add an additional group agreement: respect each other’s opinions and do not debate. The group agreed to add this to agreement #2 on the RCAC 8 group agreements.</p>	
<p>III. L.A Care Updates (10 min)</p>	<p>Agenda Lead</p>
<p>A. L.A. Care Internal Updates</p> <p><u>RCAC Chair and Vice-Chair Elections</u></p> <ul style="list-style-type: none"> • Tyonna Baker gave an update on RCAC Chair and Vice-Chair Elections: <ul style="list-style-type: none"> ○ Chair and Vice-Chair nominations are set to open in October and November – October for RCAC 8 ○ All RCAC 8 members are welcome and eligible to apply as a candidate. ○ Nominations will close and we will move forward with voting during December/January meeting cycles – December for RCAC 8. ○ All candidates who accept nominations for each position will be allowed to speak for 2 minutes before the elections occur during the December meeting. ○ After RCAC members vote for their candidates, the names will be forwarded to the February TTECAC meeting for review and consent before being forwarded to BOG for final approval. ○ BOG will review and approve during the March 2025 meeting. ○ TTECAC members will continue in their roles until the February 2025 meeting. ○ Once official Chairs are elected, they will fill in the roles at ECAC. ○ New elected Chairs will sit as ECAC members in March of 2025. ○ 2 At-Large members will remain in their roles (Lluvia Salazar and Deaka McClain). ○ At-large member elections will take place during the April 2025 ECAC meeting. ○ All RCAC members interested in applying for At-Large positions will submit an application and attend the April 2025 ECAC meeting. ○ During the April 2025 ECAC meeting, ECAC will vote for the two At-Large member positions and forward the names to BOG for final approval in May. ○ May 2025, ECAC will be complete with 8 RCAC Chair representatives and 2 At-Large representatives. 	<p><i>Tyonna Baker, CO&E Field Specialist</i></p>

Questions from the RCAC member:

- Question: How long will the TTECAC be temporary? Does that mean TTECAC interim chairs cannot participate in decision making?
 - Answer: The new RCAC Chairs will be elected in December 2024 or January 2025 depending on what month your assigned RCAC meets. The new elected Chairs will seat at ECAC in March 2025 as their names need to be forwarded to TTECAC for review in February 2025 and final approval by the Board of Governors in March 2025. In the meantime, the Interim TTECAC chairs are expected to be involved and represent their RCACs accordingly.
- Question: Will we be meeting in October as well?
 - Answer: Correct. For the month of September all 8 RCACs are meeting for a welcome meeting. Starting October we will be conducting our official RCAC meetings.
- Question: Once the new RCAC Chair is elected will we still alternate CRC locations?
 - Answer: Correct.

TTECAC/ECAC and BOG Meetings

- Tyonna invited members to volunteer to attend future TTECAC/ECAC and BOG meetings.
- Members will receive a stipend for attending these meetings.
- Transportation is provided for members.
- Maria Montes volunteered, and the RCAC 8 members agreed that she would attend the BOG meeting on October 3, 2024, from 1pm-5pm.
- Sambour Lay volunteered, and the RCAC 8 members agreed that she would attend the TTECAC meeting on October 9, 2024, from 10am-1pm.
- RCAC members will be alternating to allow multiple members the opportunity to attend TTECAC/ECAC and BOG meetings.

IV. Review New Agenda Format (30 min)

- Understanding the RCAC and the Agenda as a Tool
 - Hilda asked members to look for the new agenda format located in each of their folders.

Agenda Lead

*Hilda Herrera, CO&E
Field Specialist*

- The purpose of the new agenda format, after the RCAC restructure, is to provide members with more opportunities for open discussion.
- Some of the topics included in the new agenda format include:
- Meeting information:
 - Date, Address, Time
 - Goals for the meeting
- Meeting Agenda
 - Welcome and Introductions
 - Call the meeting to order
 - Review group agreements
 - Review agenda
 - Meeting Minutes Approval
 - L.A. Care Updates
 - Where we provide updates to members on new information.
 - Continued Business
 - Invite other departments to join meetings and interact with our members.
 - Break
 - New Business
 - Public Comments
 - Resource Sharing & Meeting Evaluations
 - Adjournment
- Continued by reviewing the Community Outreach & Engagement Department Mission on the back of the agenda and asked for a volunteer to read the mission.
- Reviewed “A Promise to Our RCAC”
- Hilda reminded members that they had index cards available to write down questions/comments that we didn’t have time to get to during the meeting.
- Meeting materials are available prior to the meeting on the L.A. Care website, CRC, and via mail and email.
- Field Specialist information is always available on the agenda (Kristina & Hilda) along with the CO&E email and toll-free line.

Recommendations:

- Deaka McClain recommended to add future agenda items after public comments.

<ul style="list-style-type: none"> • Ana Romo recommended to continue having “Old Business” on the agenda. • Maria Montes stated that she likes the agenda because it is simpler. • Andria McFerson member of the public recommended that BOG motions and bimonthly planning for events/budgeting should be on the agenda. <p>Questions from the RCAC Members:</p> <ul style="list-style-type: none"> • Question: Deaka McClain asked if the health navigators could be a part of the Regional Community Advisory Committee (RCAC) meetings or come and speak for about two minutes. <ul style="list-style-type: none"> ○ Answer: Health Navigators are on site at the Community Resource Centers (CRCs) and will be invited to the RCAC meetings to come introduce themselves and explain the process if any member needs to speak to them. 	
<p>V. Break (10 min)</p>	<p>Agenda Lead</p>
<p>A. An opportunity to take a 10-minute break.</p> <p>a. Members took a 5-minute break.</p>	<p><i>Tonya Byrd, Interim RCAC Chair</i></p>
<p>VI. Ralph M. Brown Act (30 min)</p>	<p>Agenda Lead</p>
<p>A. Review Ralph M. Brown Act</p> <ul style="list-style-type: none"> • Hilda Herrera and Tyonna Baker gave a presentation on the Ralph M. Brown Act. The topics are as follows: • The Brown Act is about ensuring transparency for the public. • Our meetings are open to the public – anyone can attend. • The Right of Access <ul style="list-style-type: none"> ○ All meetings of the legislative body of a local agency shall be open and public, and all persons shall be permitted to attend any meeting of the legislative body of a local agency. • Applies Broadly <ul style="list-style-type: none"> ○ Legislative Bodies 	<p><i>Hilda Herrera, CO&E Field Specialist</i></p> <p><i>Tyonna Baker, CO&E Field Specialist</i></p> <p><i>RCAC Members</i></p>

- Boards of Supervisors
 - City Councils
 - School Boards
 - Other subsidiary committees, boards, Boards of Trustees of Special Districts
- Appointed Bodies
 - Planning Commissions,
 - Civil Service Commissions, and
 - Public Entity, i.e., L.A. Care Health Plan
 - Acting as Local Authority for Medicaid
- Meeting
 - A gathering of a majority (or quorum) of the members of the legislative body at the same time and location to:
 - HEAR
 - DISCUSS
 - DELIBERATE
 - TAKE ANY ACTION
- Types
 - REGULAR MEETING: occurring at the dates, times, and locations set by resolution, ordinance, or other formal action.
- Exceptions
 - The Brown Act does not apply to the following:
 - Individual Contacts
 - Conferences
 - Community Meetings
 - Other Legislative Bodies
 - Social or Ceremonial Events
 - Standing Committees
 - Grand Jury Testimony
- Standing Committee (ECAC & RCACs)
 - Less than a quorum of members;
 - Includes other individuals not on the legislative body;
 - Advisory or Decision-making;

- Continuing jurisdiction over a particular subject matter;
- Fixed meeting schedule.
- Ad-Hoc Committee
 - Less than a quorum of members
 - Advisory only
 - Short-term; not ongoing
 - No fixed meeting schedule.
- Agenda
 - **DETAIL:** Agenda items must have enough detail to give the public a reasonable idea of what will be discussed or acted upon. If it's not on the agenda, it cannot be discussed.
 - **LOCATION:** List the location of the meeting and the location for document inspection.
 - **NOTICE:** Regular Meetings must be posted 72 hours before. Special Meetings must be posted 24 hours before.
- Adding to the Agenda
 - After the agenda is posted, an item may be added only if one of the following occurs:
 - **EMERGENCY:** when prompt action is needed because of actual or threatened disruption of public facilities (only applies to bodies with ultimate decision-making authority).
 - **NEW ITEMS:** unknown at the time of the original posting and immediate action needed.
- Public's Rights
 - Members of the public have the right to:
 - Not give their name as a condition
 - precedent to attend;
 - Record the meeting;
 - Comment and Criticize.
 - Members of the public must be allowed to comment on:
 - Any agenda item, before or during the consideration of the item; and
 - On any matter within the Board's jurisdiction.
- Public Comment
 - Fair and reasonable rules may be adopted to assist the body in processing comments from the public.

- Regulating time is OK if reasonable.
- Regulating content is not OK.
- At least twice the allotted time should be provided to a member of the public who utilizes a translator unless simultaneous translation is utilized.
- Public comment is not a debate. Avoid back and forth.
- Public's Right to Documents
 - The public can make a standing request for copies of agenda materials:
 - Request must be made in writing;
 - Request is effective for one year;
 - Subject to fees for copying and postage;
 - Failure to send packet can invalidate action
 - Materials provided to a majority of a body, unless exempt must be provided to members of the public.
- Serial Meetings
 - A serial meeting is typically a series of communications (face-to-face, telephone, e-mail, text, social media), each of which involves less than a quorum of the body, but which taken as a whole, involves a majority of the body's members.
 - General Rule: A Majority may not use a series of communications, directly or through intermediaries, to discuss agency business.
- Permitted
 - A member of a legislative body may engage in **"separate" communications with the public** using an internet-based social media platform that is open and accessible to the public regarding a matter that is within the subject matter jurisdiction of that body, provided that a "majority" do not discuss among themselves **business of a "specific nature"**.
 - A member of a legislative body may use social media to discuss personal matters with another member of a legislative body.
- Prohibited
 - A majority may not use an internet-based social media platform to discuss agency business.
 - Communication posted or shared by another member regarding agency business on an internet-based social media platform (No likes, thumbs up, emojis, or other symbols).
- Violating the Brown Act
 - Criminal Penalties
 - Knowing violations are a misdemeanor.

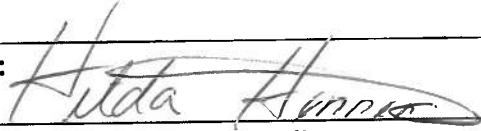
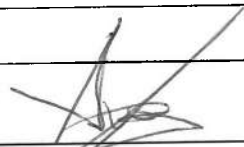
<ul style="list-style-type: none"> ○ Civil Remedies <ul style="list-style-type: none"> ▪ Any interested person may bring a lawsuit for declaratory and injunctive relief. ▪ Body has chance to cure and correct. ▪ Certain illegal action may be voided. ▪ Costs and attorney fees awarded. ● Hilda concluded the presentation and asked the members if there were any questions. <p>Questions from the RCAC members:</p> <ul style="list-style-type: none"> ● Question: What is a quorum? <ul style="list-style-type: none"> ○ Answer: The minimum number of members of a committee that must be present at any of its meetings to make the proceedings of that meeting valid. 	
VII. Member Feedback (20 min)	Agenda Lead
<ul style="list-style-type: none"> ● Discuss Member Experiences ● Deaka McClain – mentioned that people have brought up the issue to her attention regarding clinics not having Hoyer Lifts available and clinic staff is not trained on how to use the Hoyer Lifts. She would like to add this device or trainings to the grant that L.A. Care offers for other accessible devices. She stated that this should be a future agenda item for the October RCAC meeting and brought to ECAC and BOG. ● Richard Hernandez – discussed being referred to different specialists once his authorization has expired instead of the same one he saw with the previous authorization. Deaka McClain experienced the same issue, but her authorization was not expired. ● Rita E. Montes - asked what the expiration date is for authorizations/referrals. Ms. Montes also expressed staff at the specialist office are very rude. This matter had previously been sent for review to the health navigators and has not received a resolution. Hilda Herrera informed Ms. Montes that she will forward information to the health navigators for follow-up. 	<p><i>Tonya Byrd, Interim RCAC Chair</i></p> <p><i>Hilda Herrera, CO&E Field Specialist</i></p> <p><i>RCAC Members</i></p>

<ul style="list-style-type: none"> • Maria Montes – was prescribed dementia medication without a proper diagnosis. • Maria N. Lopez – mentioned that her daughter is being referred to a specialist that is far away. Ms. Lopez stated she would like to be referred to a specialist that is closer to her area of residence. • Andria McFerson (public member)– shared a personal anecdote where she recently went to the emergency room and was diagnosed with a sprain but received a second opinion from a specialist and was told that it was a fracture. • Hilda Herrera - advised all members to contact the customer solutions department at 888-839-9909 to report any issues with health care services. Members do not have to wait until the RCAC meeting takes place to share their member issues. 	
<p>VIII. Public Comments (10 min)</p>	<p>Agenda Lead</p>
<ul style="list-style-type: none"> • Public members will speak for up to 2 minutes. • Andria McFerson, RCAC 5 member, introduced herself. Ms. McFerson has requested for staff to provide information about budgeting for public and community events at all RCAC meetings. • Dioselina Garcia – inquired on the timeline to receive stipends for the CACMO. • Hilda Herrera informed all members the polo shirts will be distributed. 	<p><i>Tonya Byrd, Interim RCAC Chair</i></p>
<p>IX. Evaluations (10 min)</p>	<p>Agenda Lead</p>
<p>A. Complete meeting evaluation forms</p> <p>a. RCAC members took time to complete their evaluation forms.</p>	<p><i>Tonya Byrd, Interim RCAC Chair</i></p> <p><i>Hilda Herrera, CO&E Field Specialist</i></p>

X. Adjournment	Agenda Lead
<ul style="list-style-type: none"> The meeting adjourned at 12:30 p.m. Next Meeting Date: Monday, October 21, 2024, from 10:00 a.m. to 12:30 p.m. at the Wilmington Community Resource Center at 911 N. Avalon Blvd. Wilmington, CA 90744 	<p><i>Tonya Byrd, Interim RCAC Chair</i></p>

Respectfully Submitted by:	Approved by:
<i>Hilda Herrera, Community Outreach Field Specialist</i>	<i>Tonya Byrd, Interim RCAC 8 Chair</i>

X. Adjournment	Agenda Lead
<ul style="list-style-type: none">The meeting adjourned at 12:30 p.m.Next Meeting Date: Monday, October 21, 2024, from 10:00 a.m. to 12:30 p.m. at the Wilmington Community Resource Center at 911 N. Avalon Blvd. Wilmington, CA 90744	<i>Tonya Byrd, Interim RCAC Chair</i>

Respectfully Submitted by: 	Approved by: 
Hilda Herrera, <i>Community Outreach Field Specialist</i>	<i>Tonya Byrd, Interim RCAC 8 Chair</i>