

Antidepressant Medication Management (AMM)



Measure Description

The percentage of patients 18 years of age and older who were newly treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment.

HEDIS evaluates the following two rates:

- Effective Acute Phase Treatment
- Effective Continuation Phase Treatment

Calculation

[Numerator] = Measure Compliance

Two rates are reported:

- **Effective Acute Phase Treatment:** Patients who remained on an antidepressant for at least 84 days (12 weeks).
- **Effective Continuation Phase Treatment:** Patients who remained on an antidepressant for at least 180 days (6 months).

[Denominator] = Measure Population

The number of patients 18 years and older who had a diagnosis of major depression and were newly dispensed an antidepressant medication during the measurement year.

Exclusions

- In Hospice
- Deceased
- Patients who did not have a diagnosis of major depression during the 121-day period, which includes the 60 days before, the day of, and the 60 days following the Index Prescription Start Date (IPSD).

Strategies for Rate Improvement

- It may take up to 4-6 weeks before patients get the full benefit from the medication.
- Encourage patients to continue any prescribed medication even if they feel better.
- Reassess within 30 days from when the prescription is first filled for any side effects and their response to treatment.
- Involve patients in decisions about their antidepressant treatment. Discuss different medication options, treatment duration, and potential benefits, which can increase the likelihood of adherence.

Did You Know?

- Major depression can cause significant impairment in daily functioning, affecting sleep, appetite, concentration, energy, and self-esteem.
- Suicide is the 10th leading cause of death each year.
- Antidepressants can take up one to two weeks before the benefits start to be felt.
- Antidepressants should never be stopped abruptly, as doing so can lead to withdrawal symptoms.
- Taking antidepressants for less than 6 months increases the risk of a depressive episode recurring once the medication is stopped.

***IPSD:** Index prescription start date. The earliest prescription dispensing date for an antidepressant medication where the date is in the intake period and there is a Negative medication history.

Measure Medications



Therapeutic Class	Prescriptions
Miscellaneous	Bupropion, Vilazodone, Vortioxetine
Phenylpiperazines	Trazodone, Nefazodone
Psychotherapeutic Combinations	Amitriptyline-chlordiazepoxide, Amitriptyline-perphenazine, Fluoxetine-olanzapine
Serotonin Norepinephrine Reuptake Inhibitors (SNRIs)	Desvenlafaxine, Duloxetine, Venlafaxine, Levomilnacipran
Selective Serotonin Reuptake Inhibitors (SSRIs)	Citalopram, Escitalopram, Fluoxetine, Fluvoxamine, Paroxetine, Sertraline
Tetracyclic Antidepressants	Maprotiline, Mirtazapine
Tricyclic Antidepressants	Amitriptyline, Amoxapine, Clomipramine, Desipramine, Doxepin (>6mg), Imipramine, Nortriptyline, Protriptyline, Trimipramine
Monoamine Oxidase Inhibitors	Isocarboxazid, Selegiline, Phenelzine, Tranylcypromine

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