

L.A. Care's Behavioral Health Services

L.A. Care Health Plan members can access Mental Health and Substance Use Disorder services through:

- Primary Care Providers (PCP)
- Carelon Behavioral Health
- L.A. County Department of Mental Health (DMH)
- L.A. County Department of Public Health (DPH)

Member's enrollment plan and severity of symptoms will determine where services are accessed.

Who Can Access Behavioral Health Services?	<p>Members who are enrolled in the following plans:</p> <ul style="list-style-type: none"> • L.A. Care Covered California • L.A. Care Medi-Cal • L.A. Care Medicare Plus (HMO D-SNP) • PASC-SEIU Homecare Workers Health Plan
Services Offered (Including, but not limited to):	<ul style="list-style-type: none"> • Screenings & Brief Interventions • Initial Mental Health Assessment • Individual, Group, & Family Therapy • Psychological & Neuropsychological Testing • Outpatient Services for Monitoring Drug Therapy • Psychiatric Consultation • Outpatient Laboratory, Drugs, Supplies & Supplements • Medication Support Services • Crisis Intervention & Stabilization Services • Targeted Case Management Services • Day Treatment & Day Rehabilitation Services • Residential Treatment Services • Inpatient Treatment Services • Maternal Mental Health Services • Substance Use Disorder Services

L.A. Care's Behavioral Health Services:

Carelon Behavioral Health

Phone: 1(877) 344-2858 [TTY/TDD 1(800) 735-2929]

Website: www.carelonbehavioralhealth.com

Available 24 hours a day, 7 days a week

Resources in Los Angeles County:

Department of Mental Health (DMH)

Phone: 1(800) 854-7771

Website: www.dmhc.ca.gov

Department of Public Health/Substance Abuse Prevention & Control (DPH/SAPC)

Phone: 1(844) 804-7500

Website: www.publichealth.lacounty.gov/sapc

Available 24 hours a day, 7 days a week

