Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2024 - 12/31/2024

Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, Call 1-855-270-2327 or visit us at <u>lacare.org</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>healthcare.gov/sbc-glossary</u> or call 1-855-270-2327 to request a copy.

| Important Questions | Answers | Why This Matters: |
|--|--|--|
| What is the overall deductible? | \$0 | See the Common Medical Events chart below for your costs for services this plan covers. |
| Are there services covered before you meet your deductible? | Yes. There is no deductible | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount, but a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without cost sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | No | You don't have to meet deductibles for specific services |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | \$8,700 person / \$17,400 family. | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the <u>out-of-pocket limit</u> ? | Premiums, balance billing, and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit. |
| Will you pay less if you use a <u>network provider</u> ? | Yes. For a list of contracted providers, please see <u>lacare.org</u> or call 1-855-270-2327 | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a participating <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>non-participating provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>participating provider</u> might use a <u>non-participating provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | Yes. | This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> |

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| | Services You May Need | What You W | ill Pay | Limitations, Exceptions, & Other Important Information |
|--|--|--|---|---|
| Common Medical Event | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| | Primary care visit to treat an injury or illness | \$35 <u>copay</u> / visit | Not covered | None |
| If you visit a health | Specialist visit | \$65 <u>copay</u> / visit | Not covered | Referral is required * |
| care <u>provider's</u> office or clinic | Preventive care/screening/immunization | No charge | Not covered | You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for. |
| If you have a test | Diagnostic test (x-ray, blood work) | \$40 <u>copay</u> / test for laboratory tests. \$75 <u>copay</u> / text for X-rays diagnostic imaging and ultrasounds. | Not covered | None |
| | Imaging (CT/PET scans, MRIs) | \$75 <u>copay</u> / test | Not covered | Prior Authorization is Required.* |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at http://www.lacare.org/members/getting-care/pharmacy-services | Tier 1 - Most Generics | Retail - \$15 <u>copay</u> / script Mail Order - \$30 <u>copay</u> / script | Not covered | Up to 30-day supply for Retail Pharmacy. Up to 90-day supply for Mail Order Pharmacy. * |
| | Tier 2 -Preferred brand drugs | Retail - \$60 copay / script Mail Order - \$120 copay / script | Not covered | Up to 30-day supply for Retail Pharmacy. Up to 90-day supply for Mail Order Pharmacy. * |
| | Tier 3 - Non-preferred brand drugs | Retail - \$85 <u>copay</u> / script Mail Order - \$170 <u>copay</u> / script | Not covered | Up to 30-day supply for Retail Pharmacy. Up to 90-day supply for Mail Order Pharmacy. * |
| | Tier 4 - <u>Specialty drugs</u> | 20% <u>coinsurance</u> up to \$250 per script | Not covered | Prior Authorization is Required. Not available through Mail Order. * |

| | | What You Will Pay | | |
|--|--|--|---|--|
| Common Medical Event | Services You May Need | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| | Facility fee (e.g., ambulatory surgery center) | \$130 <u>copay</u> | Not covered | Prior Authorization is Required. * |
| If you have outpatient surgery | Physician / surgeon fees | \$40 <u>copay</u> for physician / surgeon fees | Not covered | None |
| | Outpatient visit | 20% coinsurance | Not covered | None |
| If you need immediate medical | Emergency room care | \$350 copay for facility fee No charge for physician fee | \$350 for facility fee No charge for physician fee | Copay waived if admitted.* |
| attention | Emergency medical transportation | \$250 <u>copay</u> | \$250 | None |
| | <u>Urgent care</u> | \$35 <u>copay</u> / visit | \$35 / visit | None |
| If you have a | Facility fee (e.g., hospital room) | \$330 <u>copay</u> per day up to 5 days | Not covered | Prior Authorization is Required. * |
| hospital stay | Physician/surgeon fees | No charge | Not covered | None |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | \$35 <u>copay</u> / office visit \$35 <u>copay</u> for other outpatient services | Not covered | Prior Authorization is Required for Psychological Testing. * |
| | Inpatient services | \$330 copay per day up to 5 days No charge for physician fees | Not covered | Prior Authorization is Required. * |
| | Office visits | No charge | Not covered | For prenatal and preconception visits |
| If you are pregnant | Childbirth/delivery professional services | No charge | Not covered | None |
| | Childbirth/delivery facility services | \$330 <u>copay</u> per day up to 5 days | Not covered | None |
| If you need help recovering or have other special health needs | Home health care | \$30 <u>copay</u> / visit | Not covered | Up to a maximum of 100 visits per Calendar Year per Member by home health care agency providers. Prior Authorization is Required.* |

| | | What You Will Pay | | | |
|---|----------------------------|--|--|---|--|
| Common Medical Event | Services You May Need | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information | |
| | Rehabilitation services | \$35 <u>copay</u> / visit | Not covered | Outpatient services. Prior Authorization is Required. * | |
| | Habilitation services | \$35 <u>copay</u> / visit | Not covered | Outpatient services. Prior Authorization is Required. * | |
| | Skilled nursing care | \$150 <u>copay</u> per day up to 5 days | Not covered | Up to a maximum of 100 days per Calendar Year per Member. Prior Authorization is Required. * | |
| | Durable medical equipment | 20% coinsurance | Not covered | Prior Authorization is Required. * | |
| | Hospice services | No charge | Not covered | Prior Authorization is Required. * | |
| | Children's Eye exam | No charge | Not covered | 1 visit per calendar year | |
| If your child needs dental or eye care | Children's Glasses | No charge | Not covered | 1 pair of glasses per year (or contact lenses in lieu of glasses). | |
| | Children's Dental check-up | No Charge | Not covered | Oral exam and preventive cleaning limited to 1 every 6 months. See your plan document for additional information about services. | |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Chiropractic care
- Cosmetic surgery
- Dental care (Adult)

Bariatric surgery

Hearing aids

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Medical necessary routine foot care

Services related to Abortion

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Managed Health Care at 1 (888) HMO-2219 (1-888-466-2219) or hmohelp.ca.gov; U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov; Covered California at 1 (800) 300-1506 or coveredca.com; or contact L.A. Care Health Plan at 1- 855-270-2327. We are available 24 hours a day, 7 days a week, including holidays. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.healthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about contact your rights, this notice, or assistance, contact L.A. Care Customer Service at 1- 855-270-2327. We are available 24 hours a day, 7 days a week, including holidays. Additionally, you can contact the California DMHC at 1-888-466-2219 or visit dmhc.ca.gov.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through Covered California or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through Covered California

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1- 855-270-2327.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-270-2327

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-270-2327

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1- 855-270-2327

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$0 |
|---|------------|
| ■ Specialist [cost sharing] | \$65 |
| ■ Hospital (facility) [cost sharing] | \$330 |
| Per day up to 5 days | |
| ■ Other [cost sharing] | \$75 |

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Evample Cost

| Ψ12,700 | | |
|---------------------------------|--|--|
| In this example, Peg would pay: | | |
| | | |
| \$0 | | |
| \$1,000 | | |
| \$0 | | |
| | | |
| \$60 | | |
| \$1,060 | | |
| | | |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| ■ The plan's overall deductible | \$0 |
|--------------------------------------|-------|
| ■ Specialist [cost sharing] | \$65 |
| ■ Hospital (facility) [cost sharing] | \$330 |
| Per day up to 5 days | |
| ■ Other [cost sharing] | \$75 |

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Total Example Cost

¢12 700

<u>Durable medical equipment</u> (glucose meter)

| • | . , | | |
|---------------------------------|---------|--|--|
| In this example, Joe would pay: | | | |
| Cost Sharing | | | |
| <u>Deductibles</u> | \$0 | | |
| Copayments | \$1,500 | | |
| Coinsurance | \$200 | | |
| What isn't covered | | | |
| Limits or exclusions | \$20 | | |
| The total Joe would pay is | \$1,720 | | |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$0 |
|---|-------|
| ■ Specialist [cost sharing] | \$65 |
| ■ Hospital (facility) [cost sharing] | \$330 |
| Per day up to 5 days | |
| Other [cost sharing] | \$75 |

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$5,600

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

| Total Example Cost | \$2,800 |
|---------------------------------|---------|
| In this example, Mia would pay: | |
| Cost Sharing | |
| <u>Deductibles</u> | \$0 |
| Copayments | \$1,300 |
| Coinsurance | \$50 |
| What isn't covered | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$1,350 |

The plan would be responsible for the other costs of these EXAMPLE covered services.