L.A. Care Health Plan systematically reviews and adopts evidence-based Clinical Practice and Preventive Health Guidelines promulgated from peer-reviewed sources and from organizations like the National Guideline Clearinghouse and U.S. Preventive Services Task Force. Guidelines for diseases and health conditions identified as most salient to L.A. Care members for the provision of preventive, acute or chronic medical and behavioral health services are regularly reviewed by L.A. Care’s Joint Performance Improvement Collaborative Committee and Physician Quality Committee to help improve the delivery of health care services to members. The most current list of Clinical Practice and Preventive Health Guidelines adopted by L.A. Care is available for download from the link below.

For hard copies, please contact L.A. Care’s Q.I. Department at quality@lacare.org or access it directly.

Clinical Practice Guidelines

GENERAL GUIDELINES


- General Clinical Resources
  - cdc.gov
  - nih.gov
  - ahrq.gov
BEHAVIORAL HEALTH

- Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol Misuse. U.S. Preventive Services Task Force (2013).
- Standards of Care for the Health of Transsexual, Transgender, and Gender-Nonconforming People, World Professional Association for Transgender Health, 7th Version (2012).

CARDIOVASCULAR

- 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults.
- 2013 ACCF/AHA Guideline for the Management of Heart Failure.
**ENDOCRINE**
- American Diabetes Association (ADA) Standards of Medical Care in Diabetes (2018).

**INFECTIOUS DISEASES**
- Infectious Disease Society of America (IDSA) Practice Guidelines for Common Conditions Impacting Primary Care Practice (2018).
- Infectious Disease Society of America (IDSA) Updates Guideline for Managing Group A Streptococcal Pharyngitis (2012).

**PAIN MANAGEMENT**
- CDC Guideline for Prescribing Opioids for Chronic Pain - United States (2016).

**OBSTETRICS AND PERINATAL CARE**
  - Hepatitis B status **not available** at delivery.
  - Hepatitis B status **known** at delivery.
**MUSCULOSKELETAL**

- Treatment of Low Bone Density or Osteoporosis to Prevent Fractures in Men and Women: A Clinical Practice Guideline Update from the American College of Physicians (2017).

**RESPIRATORY**

- Guidelines for the Diagnosis and Management of Asthma (EPR-3). National Heart, Lung and Blood Institute, and National Institutes of Health (2007).
- GOLD Pocket Guide that professionals can use for easy reference in the office.

**OBESITY**

General Tools to Support Clinical Care

- National Hospice and Palliative Care Organization. Palliative Care Resources (2018).

Preventive Health Guidelines

**AGES 0-18 YEARS**

**AGES 19 AND OLDER**