


Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services



Coverage Period: 01/01/2020 – 12/31/2020
 Coverage for: Individual + Family | Plan Type: HMO

Minimum Coverage HMO

 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit lacare.org/members/welcome-la-care/member-documents/la-care-covered or call 1-855-270-2327 (TTY 711). For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at healthcare.gov/sbc-glossary or call 1-855-270-2327 (TTY 711) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$8,150 individual or \$16,300 family.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible ?	Family, physician, and specialist office visits, preventive care, and other services not subject to deductible.	This plan covers some items and services even if you haven't yet met the deductible amount, but a copayment or coinsurance may apply.
Are there other deductibles for specific services?	No	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
What is the out-of-pocket limit for this plan ?	For participating providers \$8,150 individual or \$16,300 family.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See lacare.org or call 1-855-270-2327 (TTY 711) for a list of participating providers .	This plan uses a provider network . You will pay less if you use a participating provider in the plan's network . You will pay the most if you use a non-participating provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your participating provider might use a non-participating provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	Yes. Your Primary Care Physician (PCP) needs to refer you.	This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist .

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All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	0%	Not covered	Subject to deductible after 1 st 3 non-preventive visits
	Specialist visit	\$0	Not covered	Subject to deductible after 1 st 3 non-preventive visits
	Preventive care/screening/immunization	No charge	Not covered	You may have to pay for services that aren't preventive . Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, ultrasound, blood work)	0% for laboratory tests 0% for x-rays, diagnostic imaging and ultrasounds	Not covered	Subject to deductible
	Imaging (CT/PET scans, MRIs)	0%	Not covered	Prior authorization is required Subject to deductible
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at lacare.org	Tier 1 (Most Generics)	0%	Not covered	Up to 30-day supply for Retail Pharmacy Up to 90-day supply for Mail Service Pharmacy Subject to pharmacy deductible
	Tier 2 (Preferred Brand)	0%	Not covered	Up to 30-day supply for Retail Pharmacy Up to 90-day supply for Mail Service Pharmacy Subject to pharmacy deductible
	Tier 3 (Non-Preferred Brand)	0%	Not covered	Up to 30-day supply for Retail Pharmacy Up to 90-day supply for Mail Service Pharmacy Prior Authorization is required Subject to pharmacy deductible Prior Authorization is required
	Tier 4 (Specialty drugs)	0%	Not covered	Prior Authorization is required. Not available through Mail Service. Subject to pharmacy deductible

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		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0%	Not covered	Prior Authorization is required. Subject to deductible
	Physician/surgeon fees	0%	Not covered	Subject to deductible
If you need immediate medical attention	Emergency room care	0%	0%	Subject to deductible
	Emergency medical transportation	0%	0%	Subject to deductible
	Urgent care	0%	Not covered	Subject to deductible after 1 st 3 non-preventive visits.
If you have a hospital stay	Facility fee (e.g., hospital room)	0%	Not covered	Subject to deductible. Prior Authorization is required
	Physician/surgeon fees	0%	Not covered	Subject to deductible
If you need mental health, behavioral health, or substance abuse services	Outpatient services	0%	Not covered	Subject to deductible after 1 st 3 non-preventive visits. Prior Authorization is Required for Psychological Testing and Substance Use Disorder Medical Treatment.
	Other Outpatient items and services	0%	Not covered	Subject to deductible. Prior Authorization is Required. Services outside of an office setting, such as a treatment center or home, that involve daily or weekly treatment delivered over several hours. Refer to plan documents for list of included services
	Inpatient services	0%	Not covered	Prior Authorization required Subject to deductible
If you are pregnant	Prenatal care and preconception visits	No charge	Not covered	None
	Child birth/delivery hospital inpatient services	0%	Not covered	Subject to deductible

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		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Child birth/delivery inpatient professional services	0%	Not covered	Subject to deductible
If you need help recovering or have other special health needs	Home health care	0%	Not covered	Up to a maximum of 100 visits per calendar year per member by home health care agency providers. Prior Authorization is required. Subject to deductible
	Outpatient Rehabilitation services	0%	Not covered	Prior Authorization is required Subject to deductible
	Outpatient Habilitation services	0%	Not covered	Prior Authorization is required Subject to deductible
	Skilled nursing care	0%	Not covered	Up to a maximum of 100 days per Calendar Year per Member. Prior Authorization is Required. Subject to deductible.
	Durable medical equipment	0%	Not covered	Prior Authorization is required Subject to deductible
	Hospice services	0%	Not covered	Prior Authorization is required Subject to deductible
If your child needs dental or eye care	Children’s eye exam	No charge	Not covered	1 visit per calendar year Deductible waived
	Children’s glasses	0%	Not covered	1 pair of glasses per year (or contact lenses in lieu of glasses).
	Children’s dental check-up	No charge	Not covered	

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Excluded Services & Other Covered Services:

Services Your **Plan** Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other **excluded services**.)

- | | | |
|-----------------------|--|----------------------------|
| • Chiropractic care | • Infertility treatment | • Private duty nursing |
| • Cosmetic surgery | • Long-term care | • Routine eye care (Adult) |
| • Dental care (Adult) | • Non-emergency care when traveling outside the U.S. | • Routine foot care |
| • Hearing aids | | • Weight loss programs |

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your **plan** document.)

- | | | |
|---------------|---------------------|--------------------------------|
| • Acupuncture | • Bariatric surgery | • Services related to Abortion |
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Your Rights to Continue Coverage: Federal and State laws may provide protections that allow you to keep health this coverage as long as you pay your premium. There are exceptions, however, such as if:

- You commit Fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the plan at 1-855-270-2327 (TTY 711). You may also contact California Department of Managed Healthcare (DMHC) at 1-888-466-2219, or the Department of Health and Human Services or call Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or ccio.cms.gov. or the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a **grievance** or **appeal**. For more information about your rights, look at the explanation of benefits you will receive for that medical **claim**. Your plan documents also provide complete information to submit a **claim**, **appeal**, or a **grievance** for any reason to your **plan**. For more information about your rights, this notice or assistance, contact: L.A. Care Covered Customer Service at 1-855-270-2327 (TTY 711). Additionally, you can contact the California Department of Managed Health Care Help at 1-888-466-2219 or visit helpline@dmhc.ca.gov or visit <http://www.healthhelp.ca.gov>.

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Does this plan provide Minimum Essential Coverage? **Yes**

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? **Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through Covered California.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-466-2219.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-466-2219.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-466-2219.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-888-466-2219.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$8,150
- [Specialist](#) [*cost sharing*] 0%
- Hospital (facility) [*cost sharing*] 0%
- Other [*cost sharing*] 0%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,840
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$8,150
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Peg would pay is	\$8,210

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$8,150
- [Specialist](#) [*cost sharing*] 0%
- Hospital (facility) [*cost sharing*] 0%
- Other [*cost sharing*] 0%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,460
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$7,400
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Joe would pay is	\$7,460

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$8,150
- [Specialist](#) [*cost sharing*] 0%
- Hospital (facility) [*cost sharing*] 0%
- Other [*cost sharing*] 0%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$2,010
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$2010
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$2,010