L.A. Care’s disease management programs not only help facilitate patients’ care but also offer benefits to you.

Physician benefits include:

- Access to patient specific condition monitoring.
- Collaboration to support treatment plan.
- Assistance in educating patients on self-management (which includes prevention of exacerbation and complications).
- Use of evidence-based practice guidelines in program content.

L.A. Care offers three no-cost disease management programs:

- L.A. Cares About **Asthma**.
- L.A. Cares About **Diabetes**.
- L.A. Cares About **Your Heart**.

All programs provide a comprehensive, ongoing, and coordinated approach to achieving desired outcomes. These outcomes include improving patients’ clinical condition and improving patients’ quality of life.
Who is eligible?
• L.A. Care Cal MediConnect Plan
• L.A. Care Covered
• L.A. Care Medi-Cal Direct
• Healthy Kids
• PASC-SEIU Homecare Workers Health Care Plan for In-Home Supportive Services Workers
And
• Diagnosis of asthma
• Ages 5 years and above

What can I do as a physician?
• Return the letter you may receive to classify your patient’s asthma.
• Make sure your patient has received and understands an asthma action plan.
• Consider recommending an asthma control test and peak flow meter for each patient.
• Review clinical practice guidelines to improve assessment and treatment of asthma.

What if I have questions?
• Call 1.213.694.1250 x 5426, or e-mail asthmadm@lacare.org

How do I make a referral?
If you want to refer a new patient or confirm a patient is in the program
• Call 1.888.200.3094