Clinical Practice and Preventative Health Guidelines
Adopted by L.A. Care

L.A. Care systematically reviews and adopts evidence-based Clinical Practice and Preventive Health Guidelines promulgated from peer reviewed sources and from organizations like the National Guideline Clearinghouse and U.S. Preventive Services Task Force. Guidelines for diseases and health conditions identified as most salient to L.A. Care members for the provision of preventive, acute or chronic medical and behavioral health services are regularly reviewed by L.A. Care’s Joint ‘Performance Improvement Collaborative Committee’ and ‘Physician Quality Committee’ to help improve the delivery of health care services to members. The most current list of Clinical Practice and Preventative Health Guidelines adopted by L.A. Care is available for download from the link below. For hard copies please call Provider Relations at: 213-694-1250, Ext. 4719. http://www.lacare.org/providers/provider-resources/clinical-practice-guidelines

Clinical Practice Guidelines

GENERAL GUIDELINES

The National Guideline Clearinghouse is a public resource for evidence-based clinical practice guidelines and is an initiative of the Agency for Healthcare Research and Quality. Visit the National Guideline Clearinghouse at http://www.guideline.gov

BEHAVIORAL HEALTH

- Practice Parameter for the Assessment and Treatment of Children and Adolescents with Anxiety and Depressive Disorders. American Academy of Child and Adolescent Psychiatry (2007). [LINK]

CARDIOVASCULAR


ENDOCRINE

- American Diabetes Association (ADA) Standards of Medical Care in Diabetes – 2016. ADA (2016). [LINK]

INFECTIOUS DISEASES

- Guidelines for the Use of Antiretroviral Agents in HIV-1-Infected Adults and Adolescents. Department of Health and Human Services (2016). [LINK]

OTITIS MEDIA

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PAIN
- Assessment and Management of Chronic Pain. Institute for Clinical Systems Improvement (2013). [LINK]

PERINATAL

RESPIRATORY
- Guidelines for the Diagnosis and Management of Asthma (EPR-3). National Heart Lung and Blood Institute, & National Institutes of Health (2007). [LINK]

ADDITIONAL STANDARDS OF CARE

Preventative Health Guidelines

AGES 0-18 YEARS
Children need to be seen according to the American Academy of Pediatrics (AAC) Periodicity Schedule. Medi-Cal managed care providers need to conduct all screenings required by the Child Health and Disability Program (CHDP) Periodicity Schedule.
- U.S. Preventive Services Task Force (USPSTF) Recommendations for Children and Adolescents. [LINK]

AGES 19 AND OLDER
- U.S. Preventive Services Task Force (USPSTF) A and B Grade Recommendations. [LINK]
- Centers for Medicare and Medicaid Services (CMS) Prevention and Immunizations. [LINK]