Approved

L.A. Care
HEALTH PLAN

Coordinated Care Initiative (CCI) Consumer Council Meeting
Area 2 – San Fernando - Committee Summary
Pacoima Family Resource Center
10807 San Fernando Rd
Pacoima, CA 91331
Wednesday, January 27, 2016
10:00AM - 12:30PM

MEMBERS

Ana Maria Barroso	( )	Ramona Torres	(U)	**GUESTS/PUBLIC**	**STAFF**
Elizabeth Cooper	( )	Wilma Ballew		Demetria Saffore	Auleria Eakins, Manager, Community Outreach and Engagement
Elizabeth Lyons	( )			Russell Meiser	Christine Mayola, Senior Health Educator
Francisca Marcos	(E)			Eduardo Kogan, Spanish Interpreter	Diana Amaya, Member Relations navigator
Hilary Marides	( )			Shelly Hash, Spanish Interpreter	Idalia Chitica, Field Specialist Supervisor
Julio Rodriguez	( )				Nancy Molina, Coordinated Care Initiative (CCI) Liaison
Laura Rhone	( )				Susan Ma, *Coordinated Care Initiative (CCI) Field Specialist*
Mary Jo Fernando	( )				

Attendance: Members (8), Advocates (0), Providers (0), Public (4), Staff (6)
( ) present, (E) excused absence, (U) unexcused absence

	AGENDA ITEM	SUMMARY OF DISCUSSION AND FOLLOW-UP
I.	**WELCOME & INTRODUCTIONS** *Elizabeth Lyons, Chair*	**Ice Breaker** • Elizabeth Lyons, Chair, called the meeting to order at 10:04 am and asked everyone to introduce themselves.
II.	**BUSINESS** *Elizabeth Lyons, Chair*	**Approval of Agenda and Meeting Summary** • Agenda was reviewed and approved as presented. • The November 18, 2015 meeting summary was approved as presented. **ECAC Report** December 2015 ECAC Report • Current Cal MediConnect members will receive the updated member handbook and new Cal MediConnect ID cards in December 2015. • There will be no changes to the Cal MediConnect covered benefits for the new benefit years (2016). • An election was held during the ECAC meeting for the ECAC Chair and Vice Chair position for the calendar year of 2016. There were two candidates that ran for the Chair position and they were Demetria Saffore and Elda Sevilla. Each candidate was given two minutes to do their election speech. Elda Sevilla won the position by having 9 votes. (There were 15 people present at the meeting, the rule is 50% plus 1, therefore, the candidate needs 9 votes to win.) • There were two candidates that ran for the Vice Chair position. The candidates for the Vice Chair position were Cristina Deh-Lee and Silvia Poz. After voting two times, there was no winner so ECAC decided to move the election for vice chair to the meeting in January 2016. • The current At Large Member, Demetria Saffore and Silvia Poz will continue their At Large role until Fall, 2016 when the new process starts. January 2016 ECAC Report • Nai Kasick, Director of Health Education, Cultural and Linguistic Services did a presentation on a new

	Susan Ma, CCI Field Specialist	member portal called My Health In Motion. It is a website for members to create an account and sign in to access health information. • There was a discussion regarding RCAC membership for the 11 RCAC's. An Ad Hoc committee was formed for member recruitment purposes. • Linda Merkens, Manager of Board Services was going to review the application for Board seats. This item was later moved to the next meeting in February because the group wants the application to be redlined in the Spanish version. • The RCAC 3 motion was not discussed and moved to the February ECAC meeting as the Chair and Vice Chair were not present. • The ECAC interdisciplinary Team Ad Hoc Committee met on January 6th, 2016. Marcia Ramos, CCI Area 1, Chair provided the following updates: After some discussion, the group decided that a new process and group did not need to be created, since there is already an existing process toward member issues and recommendations to the board of Governors in the form of the RCACs/CCI and ECAC. **CO & E Report:** Field Specialist discussed with the group regarding a set of Meeting Participation that was previously approved at ECAC meeting in 2011. The following were discussed: • A RCAC/ CCI member must be physically present in the room 80% of the time to be eligible for their stipend. • No cell phones or text messaging during the RCAC/CCI meeting. • Attendance sheets will identify time of arrival and departure with a time clock placed by the sign-in sheet. • Chair will make one announcement requesting last opportunity to sign-in 30 minutes after the start of the meeting. • Those RCAC/CCI members who have the need to leave early should inform CO&E staff. • If RCAC/ CCI members leave early or arrive late to the meeting they will not receive a gift card but will receive a check by mail. • The check request forms will be next to the sign-in sheet. • RCAC/CCI members cannot interrupt a meeting to request a gift card. • Those RCAC/CCI members who arrive late or leave early three consecutive times will be spoken to by CO&E staff and Chair. A copy of the Meeting Participation was given to the group for their information.
III.	**REGIONAL ISSUES** *Susan Ma, CCI Field*	**CCI Member Issues** • One member indicated that during the last meeting she brought up the issue that her doctor needs an exam

	Specialist	table that goes up and down so her care provider doesn't have to hurt his back getting her off the exam table. Member thinks this is an unsafe practice for her and her care provider. One of them might get hurt. She wants L.A. Care to look into this matter. Field Specialist indicated that an issue form was filled out and forwarded to the department of Appeals and Grievance.
IV	**GET UP AND MOVE**	**Break**
V.	**SUBCOMMITEE GROUPS** *Group*	**Advocacy: Legislative Day In Sacramento** It was announced to the group the following: • Legislative Day in Sacramento is scheduled for Wednesday, May 25, 2016. • At this time, staff is in the process of reviewing all application. Members will receive their notification on the first week of February 2016. • Those that are selected will have to attend all mandatory trainings tentatively scheduled to begin February-April 2016. • Further updates will be provided at each of the CCI meetings. → • Member S..gested oth trans options such as Antelope as amen
VI.	**COMMUNITY AFFAIRS** *Nancy Molina*	**Health Topics-Adult Self Care for the Flu** • Nancy Molina, CCI Liaison provided information on the health topic regarding Adult Self Care for the flu. • Christine Mayola, Senior Health Education at L.A. Care Health Plan led the group with a "Burn Rubber" exercise. It was explained to the group the importance of exercise and what types of exercise are good to do on a daily basis. Christine demonstrated different types of exercise using a rubber and explained to the group the exercise is called "Burn Rubber" because it burns calories. • The group enjoyed the activity and asked questions regarding how to maintain healthy.

VII.	**CCI COMMUNITY AFFAIRS**
	Group
		Work Plan Fiscal Year 2015-2016:
		• It was shared with the group the results of the Work Plan for Fiscal Year 2015-2016. The group was giving six topics under two concepts, Health Promotion Concepts and Advocacy Concepts.
		
		• Under Health Promotion Concepts, the results are ranked by percentage, as follows:
		  • Health Education Forums: 20%
		  • Other (CCI Designed project): 20%
		  • Healthy Cooking Series and CCI Education Video Project: 16%
		  • Emergency Preparedness: 14%
		  • Health Literacy: 12%
		  • According to the result, the top two topics are Health Education Forums and a CCI designed project.

		Under advocacy Concepts, the results are ranked by percentage, as follows: • Other (CCI designed project): 20% • Community Tabling: 20% • Health Coverage: 18% • Legislative Advocacy and Member Recruitment: 16% • Calls from the Heart: 11% The group was asked to think about what topics they would like to do for their 2015-2016 Work Plan. The group had a discussion and came up with the following topics: • Effects/Causes of low-high blood pressure • Healthy Eating/Cooking • Diabetes • Right to Die (effective 2026) • Caregiving • Power of Attorney/Conservatorship The group will have a further discussion regarding those topics at the next CCI meeting. The group is asked to have three members to volunteer to be in the Ad Hoc Committee for the Work Plan. The group will meet in Feb/March 2016 to discuss the details about the work plan and will bring back to the group at the next CCI meeting on March 16, 2016. The Work Plan Result for the Regional Community Advisory Committee (RCAC) was shared with the group as well.
VIII.	**PUBLIC COMMENT**	• No Public Comments were made.
IX.	**ADJOURNMENT** *Susan Ma, CCI Field Specialist*	• It was announced to the group that there is a change of the meeting dates for the next two upcoming CCI meetings. Due to scheduling at the Family Resource Center, the meeting for March 2016 needed to be moved from March 23, 2016 to March 16, 2016. The meeting for May scheduled for May 25, 2016 will be scheduled to May 18, 2016 due to Legislative Day in Sacramento. • The meeting was adjourned at 12:30 p.m. The next scheduled meeting will be on **Wednesday, March 16, 2016**; from **10 am-12:30 pm**. It will be at **the Pacoima Family Resource Center** located at **10807 San Fernando Rd., Pacoima, CA 91331.**

Approved

Respectfully Submitted by: Susan 3/16/2016 Approved b

Susan Ma, CCI *Field Specialist*