



Regional Community Advisory Committee (RCAC)
Region 8 – San Pedro, Torrance, Wilmington – Committee Summary
Providence Community Health Wellness & Activity Center
 470 N. Hawaiian Avenue
 Wilmington, CA 90744
 Friday, November 16, 2018
 10:30 AM - 1:00PM

MEMBER ATTENDANCE

STAFF/MANAGEMENT

Maria Alvarez	P	Rita Montes	E	Martin Vicente, <i>Community Outreach Field Specialist</i>
Higinio Carrillo	P	Raul Montes	E	Victor Rodriguez, <i>Community Outreach Liaison</i>
Belen Garcia	P	Rosario Moreno	P	Idalia de la Torre, <i>Field Specialist Supervisor</i>
Dioselina Garcia (vice chair)	P	Mario Mosqueda	P	Jose Mendez, <i>L.A. Care's Health Navigator</i>
Judith Lemaroy	P	Dominga Pardo (advocate)	P	
Maria N. Lopez	P	Ana Romo (Chair)	P	
Dorothy Me Lowery	P	Janet Sevilla	P	
Maria Montes	E	Maria Isabel Tamayo	P	

(P) present **(E)** excused absent **(U)** unexcused absent

PUBLIC

INTERPRETERS

Dr. Peter Guerrero	Eduardo Kogan
Elia Rodriguez	Paula Alvira

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTION	Martin Vicente, <i>Field Specialist</i> – Ana Romo, <i>Chair</i>

L.A. Care's Mission Statement / Focus of CO&E and RCACs

- RCAC members read L.A. Care's Mission statement and the three focus of Community Outreach and Engagement. (Health Promotion, Health Advocacy and Partnership).
- RCAC members reviewed the RCAC meeting "Ground Rules" prior to the start of the meeting.
- Ana Romo, *RCAC Chair* called the meeting to order at 10:30a.m. Everyone introduced themselves.

II.	BUSINESS	Martin Vicente, <i>Field Specialist</i> - Ana Romo, <i>Chair</i>
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Approval of Agenda & Meeting Summary

- Members approved today's agenda with changes to the address and dates.
- The September 20, 2018 meeting summary was approved with changes to membership, to add Rosario Moreno to the attendance section.

ECAC and Board Meeting Update

No member attended the ECAC meeting on October 10, 2018.

Rita Montes, RCAC 8 member, attended the ECAC meeting on November 14, 2018. Rita was not present at the RCAC meeting to report.

Ana Romo, RCAC 8 member, attended the BOG meeting on October 4, 2018.

- Ana Romo informed that President Trump said that section 8 and food stamps will be consider public charge, this will affect people applying for US residency. Martin Vicente, informed members that this was a comment President Trump did a few months ago and there is no bill or proposal at this time.

Rosario Moreno, RCAC 8 member, attended the BOG Meeting on November 1, 2018.

- Rosario Moreno reported that during BOG's public comment a member express concerns that the funding given to support the homeless should also be used to support renters. The members express that property owners are increasing rent at a fast pace and the renters don't have any support.
- Mrs. Moreno reported that L.A. Care had started an initiative to provide funding to students in the career of Medicine. She informed that some students were already receiving the funds.

CO&E Report

Elevating the Safety Net

- RCAC members received a presentation about L.A. Care's of Elevating the Safety Net initiative. The presentation included three initiatives related to focusing on increasing primary care providers in the County of Los Angeles, primarily on L.A. care provider's network.

- The initiatives include, medical scholarships, physician recruitment and retention, and medical loan repayment.
- Members were shown the names and brief biography of the eight students who received scholarships through two universities, Charles Drew University and UCLA. Members were informed that these recipients were branded as L.A. Care Scholars.
- Members had concerns about diversity and mentioned that there were no African American chosen and would like more inclusion when this scholarships are given again.
- Members had questions on how the scholarships were advertised. Martin Vicente informed them he will try to bring answers to their question at the following RCAC meeting.

Culture and Linguistic Survey

- Members received an interpreting services survey created by L.A. Care's Culture and Linguistic Department, to evaluate how they have been receiving services through the year. The survey included 3 questions from understanding interpretation during a presentation to how satisfied are you with services provided by individual interpreters. RCAC members had a few minutes to fill out the survey.

CAC Operating Rules

- Members received a brief presentation about the Community Advisory Committee (CAC) Operating rules highlighting the following:
 - The changes on the wording from RCAC to CAC
 - Changes to Community Outreach and Education to Community Outreach and Engagement
 - The CCI Councils were added to the Operating Rules as new committees for L.A. Care
 - How a member can only be part of one committee and not both, CCI or RCAC
 - The process of submitting RCAC applicants to the Office of the Inspector General (OIG) for review
 - The new process of provisional membership
 - Recertification process changes from one year to bimonthly review
- All members received a copy of L.A. Care's CAC Operating Rules and were asked to please read the whole document at home. Members were informed if they had any questions or concern to please contact the Community Outreach and Engagement staff.

\$25 Holiday Gift Card

- Members were informed that they will received a \$25 gift card for their valued participation in improving Los Angeles County's health outcomes. This included participating in focus groups, L.A. Care community events and others that describes their contribution. Members were thanked for all the efforts and engagement for 2017-2018.

Members attending ECAC/BOG meeting

- Maria Isabel Tamayo will attend ECAC on December 12, 2018.
- Maria Alvarez will attend ECAC on January 9, 2018

- Belen Garcia will attend BOG on February 7, 2019

III.	REGIONAL ISSUES	Group
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Member Issues

- A RCAC member brought forward the following issue:
 - The member feels that during doctor’s visit, the patient only gets basic testing for issues that require a more in depth analysis. Members feels that unless you persist and demand more in depth examination by specialist, the examination is not done and they are no referred. The member believe that chemical companies establish the process on what type of examinations should be done.
 - The member believes that many health care providers only prescribed medicine to resolve the symptoms and not the cause of the symptom. Member believes that doctors should be able to diagnose the issue, without prescribing all kinds of medication. The member commented that after the doctor’s visit they leave the office with no resolution to their health issue.

Motion

- The member will like to bring forward a motion, asking L.A. Care the following:
- The member will like for L.A. Care to advocate on bringing changes on the health care provider diagnostic process. The member will like for L.A. Care to see if the Federal Drug Administration (FDA) can change the process and instead of prescribing medicine for the symptoms , doctors should find the cause with the right diagnosis. The member will like less prescriptions and more in depth testing and easy access to health care specialist. The member will like for L.A. Care to advocate for this during the Legislative day in Sacramento and during the local office visits.
- The motion was moved by Mario Mosqueda, RCAC member, and was placed on the table for discussion. After the motion was discussed members voted and unanimously voted in favor of forwarding the motion to ECAC.

IV.	GET UP AND MOVE	Victor Rodriguez, <i>Liaison</i> and Group
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- All RCAC members took a ten-minute break.

V.	RCAC WORKPLAN	Group
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Work-Plan 2018/2019

- Members were informed that they will received information about 2018-2019 work plan at the next RCAC meeting.

VII.	FUTURE AGENDA ITEM	Group
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How a manage care works

- Members will like basic information about how managed health care works.

VIII.	MEETING EVALUATION	Group
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- Members had the opportunity to give a comment about today’s meeting and to fill out the meeting evaluation.

IX.	PUBLIC COMMENTS	Group
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- RCAC member received information by Nicole from Providence Little Company of Mary Wellness Center, about the programs they have available. Member were informed that Providence hosts a Farmers Market every Tuesday from 9:00 a.m. to 3:00 p.m., they will also host a Free Medicare Workshop on Tuesday, November 20th from 10:00 a.m. to 11:00 a.m. These programs will be hosted at Providence Little Company of Mary Wellness Center at 470 N. Hawaiian Ave, Wilmington, CA 90744.

Member’s rights and responsibilities

- Members received the following information about member’s health plan rights:
 - Be treated with respect and dignity
 - Get timely access to services for a health problem or disability
 - Be told where, when, and how to get needed services
 - Take part in decisions about your care, including the right to refuse treatment
 - Be treated by providers who have experience/expertise in your condition
 - Have your medical records and treatment kept private and get of your medical records
 - Continue to have the right to hire, fire, and manage your IHSS provider

Responsibilities

- Use providers who work with the health plan to get covered services
- Work with your provider and health plan to get approval for needed services
- Tell the health plan about your care needs and concerns

X.	ADJOURNMENT	Group
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- The meeting was adjourned at 1:00 p.m.
- **The next RCAC meeting is scheduled for January 18, 2019 at the Providence Community Health and Wellness and Activity Center. 470 Hawaiian Ave, Wilmington, CA 90744 from 10:30 a.m. to 1:00pm.**

Respectfully Submitted by:
Martin Vicente, *Community Outreach Field Specialist*

Approved by:

Ana Romo, *RCAC 8 Chair*

In the absence of chair approved by:
Name: _____

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