



Regional Community Advisory Committee (RCAC)
Region 5 – Culver City, Venice, Santa Monica, Malibu, Westchester - Committee Summary
Veterans Memorial Building
 4117 Overland Avenue, Culver City, CA 90230
Monday, October 15, 2018
2:00PM - 4:30PM

MEMBER ATTENDANCE

STAFF/MANAGEMENT

Trinida Arroyo	P	Amalia Palomares	P	J. Ricardo Rivas, <i>Community Outreach Field Specialist</i>
Angelica Bogarin	P	Rosaura Peraza	P	Victor Rodriguez, <i>Community Outreach Liaison</i>
Gloria Camarillo	P	Clotill Cleo Ray	P	Iris Hernandez, <i>Member Relations Health Navigator</i>
Deysi Corona	P	Guadalupe Reynoso	P	Idalia de la Torre, <i>Field Specialist Supervisor</i>
Maria de Jesus Leos	P	Susana Rios	P	
Carmen Delgado	P	Martha Rodriguez	P	<u>INTERPRETERS</u>
Vilma Diaz	E	Pascuala Rosales	P	Shelley Hash
Marco A. Galindo	P	Carmelo Salas	P	Eduardo Kogan
Mariel Herrera	P	María Sanchez, <i>Chair</i>	P	
Hoda Mansour	E	Maria de Lourdes Servin, <i>Vice-Chair</i>	P	
María Guadalupe Méndez	P	Sofia Sulca	P	<u>PUBLIC</u>
Romalda Meza	P	Venice Family Clinic – Gabriela Quintanilla	E	Blanca Folgar
Maria Luisa Navarrete	P	Westside Children’s Center – Lawrence Miller Askew	E	
Rudy Navarrete	P			
(P) Present (E) Excused (U) Unexcused				

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTION	J. Ricardo Rivas, <i>Field Specialist</i> Maria Sanchez, <i>Chair</i>
<p><u>L.A. Care’s Mission Statement / Three Pillars of CO&E and RCACs</u></p> <ul style="list-style-type: none"> • Maria Sanchez, <i>Chair</i>, called the meeting to order and asked everyone to introduce themselves; all members introduced themselves. • Marco Galindo read L.A. Care’s Mission statement, the three pillars of Community Outreach and Engagement (Health Promotion, Health Advocacy and Partnership), and Susana Rios reviewed the RCAC meeting “Ground Rules” before starting the meeting. 		
II.	BUSINESS	J. Ricardo Rivas, <i>Field Specialist</i> Maria Sanchez, <i>Chair</i>
<p><u>Approval of Agenda & Meeting Summary</u></p> <ul style="list-style-type: none"> • Today’s meeting agenda was approved as presented. • The August 27, 2018 meeting summary was approved as presented. <p><u>ECAC and Board of Governors (BOG) Meeting Update</u></p> <ul style="list-style-type: none"> • CAC members were given 4 minutes to read the October 2018 ECAC Report found in the meeting folder. <p><u>Gloria Camarillo, RCAC 5 member</u>, attended the ECAC meeting on September 12, 2018 and reported the following:</p> <ul style="list-style-type: none"> ○ New RCAC applicants were approved by the ECAC committee ○ We were updated on an initiative that will decide whether to give cities and counties the freedom to expand the use of rent control. <p><u>Daisy Corona, RCAC 5 member</u>, attended the ECAC meeting on October 10, 2018 and reported the following:</p> <ul style="list-style-type: none"> ○ There was a discussion that talked about the new rules that the Trump Administration is proposing that would change who is considered a “Public Charge”. These changes would put more families at risk, and would affect a person’s “Permanent Resident” status in the U.S. <p><u>Sofia Sulca, RCAC 5 member</u>, attended the BOG meeting on September 6, 2018 and reported the following:</p> <ul style="list-style-type: none"> ○ More surgeries are performed in hospitals, and it seems that hospitals generally prefer to do surgeries than to avoid them if possible, because it’s more lucrative; patients’ needs are secondary. This is alarming because with this mindset, profits are being prioritized over the well-being, and curing of patients. ○ A comment from an Antelope Valley CAC member stated that disabled health plan members can receive their health benefits without the need of a lawyer, or having to place a complaint. 		

Maria Leos, RCAC 5 member, attended the BOG meeting on October 10, 2018 and reported the following:

- Members were encouraged to go out and vote on November 6, 2018.
- The BOG elected Ms. Hilda Perez to be the new Chair of the Governance Committee.
- Open enrollment starts on October 15, 2018 for people interested in enrolling in Covered California.
- Patients that get treatment at the UCLA medical center, are usually extremely sick and have some type of chronic illness that requires specialty care (e.g., cancer patient, organ transplant patients), clarified Dr. Richard Seidman, *Chief Medical Officer* at L.A. Care.
- L.A. Care is currently going through an internal Audit.

ECAC Meeting Attendance

- Carmen Delgado is scheduled to attend the November 14, 2018 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.
- Marco Galindo is scheduled to attend the December 12, 2018 ECAC meeting at L.A. Care Health Plan Headquarters office from 10:00 a.m. to 1:00 p.m.

BOG Meeting Attendance

- Maria Mendez is scheduled to attend the November 1, 2018 Board of Governors meeting at L.A. Care Health Plan Headquarters office from 2:00 p.m. to 5:00 p.m.
- Romalda Meza is scheduled to attend the December 6, 2018 Board of Governors meeting at L.A. Care Health Plan Headquarters office from 2:00 p.m. to 5:00 p.m.

CO&E Report

Elevating the Safety Net

- Members and public present received information on L.A. Care's "Elevating the Safety Net", an initiative to recruit qualified primary care physicians to Los Angeles County safety net. A short L.A. Care video was displayed that explained the initiative programs, and after the video members had an opportunity to go over a PowerPoint presentation included in their folders that provided more detailed information on L.A. Care's Elevating the Safety Net three grant programs: 1) Provider Recruitment Program, 2) Physicians Loan Repayment Program, and 3) The Scholarship Program, which also included a picture and a bio of the 4 students From David Geffen School of Medicine at UCLA, and the 4 students from Charles R. Drew University of Medicine and Science.

Operating Rules for The Consumer Advisory Committees of L.A. Care Health Plan

- All members received a copy of the most up to date Operating Rules. CAC members had an opportunity to review the most recent changes that were approved back in April of 2018, and were informed that these rules govern all the public advisory committees - RCAC 5 being one of them. CAC members were encouraged to contact staff if they had any questions pertaining to this most up to date document.

At-Large Member Position Elections

- Member were informed that the ECAC At-Large elections will occur during the November 14, 2018 ECAC meeting.
- RCAC members interested in running for the position will need to complete an application, attend the November ECAC meeting, and speak to the ECAC members on why they are the best candidate for the position.
- ECAC, at that time will take a vote. Those CAC members elected for the positions will have to be approved by the Board of Governors in December and will then be able to be seat as an ECAC member during the December ECAC meeting (12/12/18).
- Members were informed that there are two ECAC At-Large member positions. One represents the RCACs and the other represents the CCI Councils.
- Members reviewed the roles and responsibilities of the At-Large member position, and one CAC member completed an At-Large Member application and submitted it to L.A. Care staff. The rest of the CAC members were encouraged to reach out to Ricardo Rivas if they were interested in the position after the meeting.

Interpreting Service Member Survey

Members were informed that the Cultural & Linguistic (C&L) Services department at L.A. Care is conducting a member survey to all CAC members to get their input on the interpretation services they have received at L.A. Care meetings, trainings, and conferences. All members present completed the C&L survey and submitted it to L.A. Care staff.

Code of Conduct Training

- All members were informed that they would be receiving a Code of Conduct Training during the December/January meeting cycles.

Emergency Preparedness Presentation

- Members were informed that L.A. Care will be working with the American Red Cross to provide an emergency preparedness presentation at a future RCAC meeting for the 2018 – 2019 fiscal year. Once a date has been confirmed this information will be shared with the RCAC.

CAC Member Acknowledgement

- Members were informed that all CAC members that participated in the RCAC Work Plans for the 2017-2018 fiscal year will be acknowledged during the February/March RCAC meeting cycles. Members were also informed that CAC members that were not able to complete the minimum requirement stated in the *Member Acknowledgement Form* all members signed last year will receive a notification

by mail informing them that per our records, they did not complete their commitment for last year, and that L.A. Care does keep track of who participates and who does not – this will continue into the new 2018-2019 fiscal year.

Members were reminded that being a RCAC members also involves being an active-CAC member, involved throughout the year in all the L.A. Care activities that are provided (e.g., Conferences/Trainings, Work Plan Events, etc.).

RCAC I.D. Badges

- Members were encouraged to speak to Hilda Herrera, *Liaison* after the meeting if they were in need of a RCAC I.D. badge.

Potluck

- Members were informed that RCACs across the board have a potluck celebration during the November/December meeting cycles to celebrate all the holidays that occur around this time at the end of the year. A potluck sign-up sheet was passed around so members can inform L.A. Care staff if they will bring something at the next meeting. Members were also reminded that bringing a dish at the next meeting is completely optional, so nobody should be pressured to have to bring something.

III.	REGIONAL ISSUES	Group
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Member Issues

- A CAC member pointed out that in the ECAC report it now states that Acupuncture is now a covered benefit under MediCal, and information exists that receiving Acupuncture can be used as a treatment for those people suffering from extreme pain. In response L.A. Care staff pointed out that this is correct, and reminded everybody that if anybody is interested in receiving Acupuncture treatment, they must follow the process like any other procedure covered by their health plan, and first start with their Primary Care Physician to get an authorization & referral to a location within their health plans network; If you walk into an Acupuncture facility without a referral you will pay out-of-pocket.

IV.	GET UP AND MOVE	Hilda Herrera, <i>Liaison</i> and Group
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- All RCAC members took a five-minute break, and then did a get up and move walking around the room with music playing off a phone.

V.	RCAC WORKPLAN	Group
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Community Work Projects 2018-2019

- Members were informed that since we just started the new 2018-2019 fiscal year, we are currently in the planning phases for the work plan projects for this year. Once more detailed information is made available this information will be shared with the CAC members.

VII.	FUTURE AGENDA ITEM	Group
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- The following are future agenda items were brought forth by CAC members:
 - 1) Typhus, Zika Virus, West Nile Virus, 2) Dangerous cleaning products to avoid using at home that contaminate the environment, and are good alternatives instead, 3) Illnesses related to "Vision", 4) Pollution/Global Warming, 5) Depression & Anxiety, 6) Information on Buses that provide on-site vision services and free glasses, 7) Alzheimer, 8) Arthritis, 9) Drug Abuse/Effects of Marijuana

VIII.	MEETING EVALUATION	Group
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- RCAC members took 5 minutes to complete meeting evaluations.

IX.	PUBLIC COMMENTS	Group
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- A CAC member expressed that she went to the CARE HARBOR event recently in where she saw a chiropractor, did a physical, and received other health related services. This is her second time attending this annual event, and was grateful that L.A. Care Health Plan sent her the flyer promoting the event ahead of time, so she could take advantage of the free services.
- A CAC member informed the group that she assisted the most recent RCAC 5 outreach event on 09/29 called the Mar Vista Gardens Resource Fair, and it was well attended by the community.

X.	ADJOURNMENT	Group
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- The meeting was adjourned at 4:20 p.m.
- The next RCAC meeting is scheduled for **Monday, December 17, 2018 from 2:00pm to 4:30pm.** at the **Veterans Memorial Building at 4117 Overland Avenue, Culver City, CA 90230.**

Respectfully Submitted by:
 Jose Ricardo Rivas, *Community Outreach Field Specialist*

Approved by: _____
 Maria Sanchez, *RCAC 5 Chair*

In the absence of chair approved by:
 Name: _____

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VIII. MEETING EVALUATION **Group**

- RCAC members took 5 minutes to complete meeting evaluations.

IX. PUBLIC COMMENTS **Group**

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Respectfully Submitted by:
 Jose Ricardo Rivas, *Community Outreach Field Specialist*

Approved by: *Maria Sanchez* *12/17/18*
 Maria Sanchez, *RCAC 5 Chair*

In the absence of chair approved by:
 Name: _____