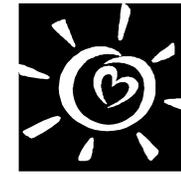


# BOARD OF GOVERNORS

## Children's Health Consultant Advisory Committee

### Meeting Minutes – January 21, 2020

1055 W. Seventh Street, Los Angeles, CA 90017



**L.A. Care**  
HEALTH PLAN

#### Members

Tara Ficek, MPH, <i>Chair</i>	Lyndee Knox, PhD
Linda Aragon, MPH *	Rosina Franco, MD
Edward Bloch, MD *	Toni Frederick, PhD
Maria Chandler, MD, MBA **	Gwendolyn Ross Jordan *
Tanya Dansky, MD	Nayat Mutafyan*
Rebecca Dudovitz, MD, MS	Maryjane Puffer, BSN, MPA*

#### Management

John Baackes, *CEO*

Diana Ramos, MD \*

Richard Seidman, MD, MPH

Diane Tanaka, MD \*

James Kyle, MD

Hilda Perez

\*Absent \*\*Via Teleconference

\*\*\*Via Teleconference (Not posted - not counted as Quorum)

AGENDA ITEM/ PRESENTER	MOTIONS / MAJOR DISCUSSIONS	ACTION TAKEN
<b>CALL TO ORDER</b>	Tara Ficek, MPH, <i>Chair</i> called the meeting to order at 8:35 a.m. without quorum.	
<b>APPROVAL OF MEETING AGENDA</b>	<b>The Committee reached a quorum at 8:55 a.m.</b>  The Agenda for today's meeting was approved as submitted.	<b>Approved unanimously. 10 AYES (Chandler, Dansky, Dudovitz, Ficek, Franco, Frederick, Knox, Kyle, Perez, Seidman)</b>
<b>APPROVAL OF THE MEETING MINUTES</b>	The minutes of the November 19, 2019 meeting were approved as submitted.	<b>Approved unanimously. 10 AYES</b>
<b>CHAIRPERSON REPORT</b>	There was no report from the Chairperson.	
<b>CHIEF MEDICAL OFFICER REPORT</b>  Richard Seidman, MD, MPH	Richard Seidman, MD, MPH, <i>Chief Medical Officer</i> , reported on the following:  <u>Flu Season</u> January is peak influenza season in Los Angeles. As of one week ago emergency room visits were declining, but are still significantly elevated over prior years. The first week of January 2020, 8.3% of deaths in Los Angeles county were attributed to flu and	

**APPROVED**

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	<p>pneumonia as a complication. Vaccines are still available to members at their doctor offices and at contracted pharmacies.</p> <p><u>Lead Screening</u> The State Auditor released a report on lead screening in January 2020. He noted that California does not do as well as other states with lead screening. The overall screening rate in California was 36% for children who are covered by Medi-Cal. The national average is 45%. L.A. Care's screening rate is just under 66%. This puts L.A. Care in the 25<sup>th</sup> percentile of health plans reporting. He believes L.A. Care can do better. About 5% of all screenings have elevated levels. There are about six census tracts with the highest rates of positive screenings, in the southern areas of the County, west of Long Beach. The Department of Public Health and L.A. Care's quality team are developing new interventions to increase screening rates.</p>	
<p><b>LAUSD Wellness &amp; School-based health clinics</b>  Rosina Franco, MD</p>	<p>Member Rosina Franco, MD, presented information on Los Angeles Unified School District (LAUSD) Wellness &amp; School-based health clinics. <i>(A copy of the presentation can be obtained from Board Services.)</i></p> <p>There are 14 clinics located inside 14 different LAUSD schools that provide free services to students including vision and reproductive health services. Free services are also provided to siblings living in L.A. County. Services are not provided to adults or other community members. Some visits are billable, many are not. Services are billed to Children's Health and Disability Prevention program, Health Net, and L.A. Care. This allows them to recover some costs for the services that are provided.</p> <p>Other services include helping students apply on site for temporary Medi-Cal, physical exams for sports and school entry, follow-up visits, vaccines, and referrals to specialists as needed. Many times LAUSD are the first services that immigrants access when they enter the country, and the first medical care services.</p> <p>Non-billable services include:</p> <ul style="list-style-type: none"> <li>• Non-urgent care visits</li> <li>• Nutrition counseling</li> <li>• Obesity management</li> <li>• Case management</li> <li>• Vision Services.</li> </ul>	

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	<p>Vision Services include:</p> <ul style="list-style-type: none"> <li>• Three clinics that provide optometry services (Foshay Health Center, Telhair Elementary School Clinic, San Pedro Vision Clinic)</li> <li>• Optometry exams for glasses</li> <li>• Dispense glasses</li> <li>• Foshay Health Center provides Ophthalmology exams depending on need</li> </ul> <p>Member Tanya Dansky, MD, asked if there are statistics on how many students need glasses. Member Franco responded that she does not have those numbers, because they provide services to students and children from other school districts and she doesn't have that data. There are services provided by other community organizations in L.A. County.</p> <p>Reproductive Health:</p> <ul style="list-style-type: none"> <li>• Partnerships with Valley Community Healthcare and Planned Parenthood Los Angeles</li> <li>• Partners provide: medical assistance, medications and dispensing on site, equipment for lab collection, on site lab tests, equipment for electronic health record documentation</li> </ul> <p>Other Partnerships:</p> <ul style="list-style-type: none"> <li>• LAUSD District Nursing Communicable Disease Team: Telfair Elementary School Clinic, Roosevelt/Hollenbeck Clinic, School Enrollment Placement and Assessment Center Clinic, Zelzah Wellness Clinic</li> <li>• LAUSD Healthy Start</li> <li>• Mental Health Providers include LAUSD School Mental Health, Department of Mental Health, and other community agencies</li> <li>• Kaiser Sunset Community Medicine Fellowship Program: Hollywood High School Wellness Center</li> <li>• Kurka Foundation assists with vision clinic costs</li> </ul> <p>Member Toni Frederick, MD, asked if a clinic is located at Kaiser on Sunset. Member Franco responded that the clinic is located at Hollywood High School and the Kaiser Sunset Community Medicine Fellowship Program sends medical staff to provide services there.</p>	

AGENDA ITEM/ PRESENTER	MOTIONS / MAJOR DISCUSSIONS	ACTION TAKEN
	<p>Member James Kyle, MD, asked if they are able to keep up with the needs of students. Member Franco responded that they work to capacity and sometimes past capacity. They try their best to keep up. In regard to vision care, because other entities do provide vision services they are able to meet the needs of students that require vision services.</p> <p>Member Seidman asked the percentage of students with Medi-Cal who receive services. Member Franco responded that 90% of students receive Medi-Cal benefits, most of the students that are seen are eligible and so they are enrolled. Member Seidman also asked what percentage of students are undocumented. Member Franco responded that the number is close to 30%-40%. Many times LAUSD clinics are the first medical providers that immigrant students see.</p> <p>Member Franco noted that they do not turn away students based on their health insurance status or insurance coverage.</p> <p>Partner with 15 wellness centers in L.A. County that provide the following services:</p> <ul style="list-style-type: none"> <li>• Primary health care, physical exams, sports physicals, immunizations, reproductive health, health education, STD/HIV testing, health insurance enrollment, vision screening and referral</li> <li>• Individual mental health counseling, group counseling, parent education, evidence based practice</li> <li>• Routine dental services including cleaning, fluoride treatment, cavity prevention, fillings, education</li> </ul> <p>Member Lyndee Knox, PhD, asked if there is a strategic plan for LAUSD to have these services at every facility. Member Franco responded that this question is more for the Superintendent. There currently is no plan available to the public. She noted that Member Maryjane Puffer, BSN, is more involved in those conversations.</p> <p>Member Hilda Perez asked what method LAUSD is using to get the information to students and parents. She is unaware that the services are available. Member Franco responded that it is difficult to reach everyone because it is a large school district. She stated that LAUSD reaches out to administrators by email and also has a website, but it is a challenge to get everyone on board.</p> <p>John Baackes, <i>Chief Executive Officer</i>, asked if they provide services to students in Charter schools. Member Franco responded that they do not turn patients away. They serve</p>	

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	LAUSD students and their siblings, and Charter school students that live in the area and go to a clinic will receive services.	
<p><b>Trauma Informed Care</b></p> <p>Karen Gross</p>	<p>Mr. Baackes introduced Karen Gross. He and Ms. Gross were colleagues and friends prior to his position with L.A. Care. He noted that Ms. Gross is an attorney by training, and she practiced and taught law. She made a career change and became the President at a southern Vermont college that focused on first generation college students. When she retired and moved to Washington she became an author. She wrote a book called “Lady Lucy’s Quest,” and is about empowerment for young children. It was meant to develop a child’s self-awareness and comprehension. The books were distributed through L.A. Care’s community resource centers.</p> <p>Ms. Gross thanked Mr. Baackes and the committee for inviting her to speak, and she presented information on Trauma Informed Care.</p> <p>Her focus is to improve student success from early childhood through early adulthood. She is deeply interested in the work proposed by California Surgeon General and Governor with respect with Adverse Childhood Experience Scores (ACES). She noted that many of the changes proposed are at a micro level. Medical providers can give a test to children and their families then link the children with high scores to other resources.</p> <p>The psychological and physiological response to trauma should not be left untreated. There should be an assessment of the effectiveness of interventions. She noted that people carry trauma with them even if it is not visible. Sometimes trauma can be carried for an entire life. If not treated promptly it can affect their early childhood education into adulthood. In the short term it can affect educational success and, in the long term physical and psychological wellbeing.</p> <p>She suggested the following to treat trauma:</p> <ul style="list-style-type: none"> <li>• Reading</li> <li>• Talking and expressing traumatic experiences</li> <li>• Engage all senses</li> <li>• Play tables with toys and figures to help children free their minds and trigger signals</li> <li>• Two adults outside of the family who care about the child (can be a religious figure, doctor, nurse, teacher, etc.)</li> </ul>	

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	<p>Trauma takes away:</p> <ul style="list-style-type: none"> <li>• Safety, safe places (a place where children can find comfort)</li> <li>• Structure</li> <li>• Stability</li> <li>• Subtlety</li> <li>• Someone (people who can help with Trauma)</li> </ul> <p>Ms. Gross suggested that L.A. Care community resource centers become sites that treat childhood trauma. Mr. Baackes responded that he thinks it would be a good idea to add that service in the future.</p> <p><i>(Ms. Gross shared sensory toys and items used to engage children's senses and trigger signals.)</i></p>	
<b>COMMITTEE ISSUES</b>		
<b>Review Committee Charter</b> Richard Seidman, MD, MPH	This agenda item was tabled for a future meeting.	
<b>Committee Membership</b> Richard Seidman, MD, MPH	Member Seidman presented the following motion to the committee: <u><b>Motion CHC 100.0320</b></u> <b>To appoint Ilan Shapiro Strygler, MD, FAAP as member of Children's Health Consultant Advisory Committee (CHCAC), for the Children's Health Care Providers representative seat for the Board of Governors of L.A. Care Health Plan.</b>	<b>Approved unanimously.  10 AYES</b>
<b>ADJOURNMENT</b>	The meeting was adjourned at 10:02 a.m.	

Respectfully submitted by:

Malou Balones, *Board Specialist III, Board Services*  
Victor Rodriguez, *Board Specialist II, Board Services*  
Linda Merkens, *Senior Manager, Board Services*

APPROVED BY:

Tara Ficek, *MPH, Chair*: \_\_\_\_\_ Tara Ficek \_\_\_\_\_

Date Signed: \_\_\_\_\_ 7/21/20 \_\_\_\_\_