Regional Community Advisory Committee (RCAC) – Region 11
Pomona Catholic High School
533 W. Holt Avenue
Pomona, CA 91768
Thursday, March 21, 2019
9:30 AM - 12:00 PM

Committee Summary

<table>
<thead>
<tr>
<th>MEMBER ATTENDANCE</th>
<th>STAFF/MANAGEMENT</th>
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<tbody>
<tr>
<td>Gladys Alvarez      (E)</td>
<td>Elda Sevilla, Chair (P)</td>
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<tr>
<td>Sandra Aramburo     (P)</td>
<td>Lluvia Salazar, At-Large Member (P)</td>
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<td>Evangelina Candelario (P)</td>
<td>Tanya King (P)</td>
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<td>Angelica Vazquez Cisneros (P)</td>
<td>Layla Gonzalez-Delgado, L.A. Care Board Member (P)</td>
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<tr>
<td>Reyna Hernandez     (P)</td>
<td>Mario Ramos, Community Partner (P)</td>
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<td>Reina L. Orellana   (P)</td>
<td>Johnny Chua, Provisional Member (P)</td>
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<td>Marina Garcia       (P)</td>
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<td>Maria Ángeles Refugio, Vice Chair (P)</td>
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<td>Rosa Pastrana       (P)</td>
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<td>Linda Resendez      (E)</td>
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**PUBLIC**

**INTERPRETERS**

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<tr>
<th></th>
<th>Eduardo Kogan, Spanish Interpreter</th>
<th>Paola Albira, Spanish Interpreter</th>
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**MEETING SUMMARY, DISCUSSION AND FOLLOW UP**

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<thead>
<tr>
<th>AGENDA ITEM</th>
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<tr>
<td>I. WELCOME AND INTRODUCTION</td>
<td>Frank Meza, Field Specialist</td>
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<td>Elda Sevilla, Chair</td>
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**L.A. Care’s Mission Statement/Three Goals of CO&E and RCACs**

- Elda Sevilla, *RCAC Chair*, called the meeting to order at 9:30am.
- All RCAC members introduced themselves.
- RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting.
- RCAC members read the L.A. Care’s Mission statement and the three Goals of Community Outreach and Engagement. (Health Promotion, Advocacy and Community Partnerships).

| II. BUSINESS                        | Frank Meza, Field Specialist              |
|                                     | Elda Sevilla, Chair                       |

**Approval of Agenda & Meeting Summary**

- The agenda for March 21, 2019 was approved with minor corrections.
- The meeting summary for January 17, 2019 was approved as presented.

**ECAC and Board Meeting Reports**

- Gladys Alvarez, RCAC Member, attended the February 13, 2018 ECAC meeting however was not present to report.
Sandra Aramburo, RCAC Member, attended the March 13, 2018 ECAC meeting and reported the following:

- Ms. Alvarez talked about the new changes for the transportation vendor “Call the Car” that L.A. Care uses for L.A. Care Members.
- In addition, she mentioned the presentation for “Tenant Rights” and suggested staff bring the presentation to the RCAC meeting.

Linda Resendez, RCAC Member, attended the February 7, 2018 Board of Governors meeting, however did not attend the meeting.

Care Harbor – Pomona Fairplex

- The Care Harbor event is scheduled for April 27 – 28, 2019 from 8:00am to 5:00pm at the Pomona Fairplex located at 1101 W. Mc Kinley Avenue, Pomona, CA 91768.
- There will be free Medical, Dental and Vision services, however people who are interested in attending need a wristband to enter.
- The wristband distribution locations will be mailed to all RCAC members. The wristbands will be distributed on April 20, 2019 at 10:00am first come first serve.
- Elda Sevilla mentioned there may be an opportunity for members to receive wristbands prior to the event. Elda asked member to provide their names at the end of the meeting.
- A flyer with the event information will also be mailed to all RCAC members.

RCAC Members Attending ECAC

- Evangelina Candelario, RCAC 11 member is scheduled to attend the ECAC meeting on April 10, 2019 at L.A. Care.
- Angelica Vazquez Cisneros, RCAC 11 member is scheduled to attend the ECAC meeting on May 8, 2019 at L.A. Care.
- ECAC is scheduled from 10:00am to 1:00pm at L.A. Care Health Plan in Downtown L.A.

RCAC Members Attending the Board of Governors (BOG)

- Rosa Pastrana, RCAC 11 Member will attend the BOG meeting on Thursday, April 4, 2019 from 2:00pm to 5:00pm at L.A. Care.
- Marina Garcia, RCAC 11 Member will attend the May 2, 2019 Board of Governors meeting from 2:00pm - 5:00pm at L.A. Care Health Plan.
- The Board of Governors meetings are scheduled from 2:00pm to 5:00pm at L.A. Care Health Plan in Downtown L.A.

Community Outreach & Engagement (CO&E) Report

Coordinated Care Initiative (CCI) Councils Update

- A Summary of the CCI Integration into the RCACs was presented to everyone. Frank Meza, Field Specialist, informed the RCAC they will not be impacted by the transition of CCI Members into RCAC 11 because there aren’t any current CCI Members who reside in the Region of RCAC 11.
- 11 RCACs and the ECAC were formed in 1997 to comply with state legislation.
• The CCI Councils are not required by state legislation; they were formed in 2014 as ad-hoc committees during the launch of the Cal MediConnect program, and a contract requirement by the state.
• In January 2018, the state provided L.A. Care with more detailed guidance for a CMC Enrollee Advisory Committee, and the CCI Councils no longer meet the new requirements.
• Staff proposed to the Board of Governors (BOG) that CCI Council members be allowed to join the RCACs without completing an application, and also proposed to the BOG to modify ECAC by changing one At-Large member position from CCI At-Large Member to SPD At-Large Member, to represent seniors and people with disabilities (SPD).
• Staff wants to make sure that this transition is smooth and that the voices of these members continue to be heard through the RCACs and ECAC meetings.
• The presentation of this process will be presented during the February and March RCAC meetings cycle, and all RCAC members will have an opportunity to provide input and make recommendations on how to best integrate the CCI members into the RCACs.

Questions and Staff Recommendations
The following staff ideas were proposed and the RCAC will have an opportunity to provide input and make recommendations:

• How can we ensure that the voices of seniors and people with disabilities are heard at RCAC meetings?
  • Ask for feedback from members who haven’t spoken at a meeting.
  • Partner with organizations that serve seniors and people with disabilities during the Work Plan.
  • The majority of members agreed with the staff recommendations.

• At RCACs and ECAC, members have an opportunity to provide feedback on health care access issues during the Global Member Issues section of the agenda—how can we ensure SPD member voices are heard during this section?
  • Ask for comments from members who haven’t spoken during that section of the agenda
  • Include a section in Global Member Issues to specifically ask for Seniors and People with Disabilities (SPD) member issues.
  • The majority of members also agreed with the staff recommendations.

• Staff has proposed that CCI Council members be transitioned into the RCACs without an application. What are your comments on this proposal?
  • Allow CCI Council members to join a RCAC if they are interested, without applying and without the 6-month provisional period.
  • RCAC Members agreed that they should not have to reapply because they are already a part of a L.A. Care Advisory Committee.
  • There were no additional comments presented.

L.A. Care Family Resource Center – New Meeting Site for RCAC 11
• Frank Meza, Field Specialist provided an update about the upcoming Family Resource Center in the city of Pomona which will be the new home for RCAC 11 once it opens.
• The tentative date is for August 2019 and RCAC 11 will continue to receive updates at the upcoming RCAC 11 meetings.

**Elevating Advocacy Conference**

• The Community Outreach & Engagement Department will host its 2019 Spring Conference to celebrate 20 years of Community Engagement and Empowerment, which will celebrate the RCACs 20th year anniversary.
• The event will take place at St. Anne’s Conference Center from 8:30am to 3:00pm at 155 N. Occidental Blvd., Los Angeles, CA 90026.
• All RCAC members are required to attend and any absences will be considered an excused absence.
• RCAC members were asked to RSVP and to indicate whether they will require transportation.
• The pick-up location for RCAC 11 is scheduled for departure at 7:00am at Pomona Catholic High School at 533 W. Holt Avenue, Pomona CA, 91768

### III. REGIONAL ISSUES

• There were no member issues.

### IV. GET UP AND MOVE

Felicia Gray, Liaison and Group

• All RCAC members took a ten-minute break.

### V. RCAC WORK-PLAN

Health Promoters Program – Protecting Yourself from Colorectal Cancer Presentation

• Ana Rodriguez, L.A. Care Health Promoter, provided a presentation on “Protecting Yourself from Colorectal Cancer”. The presentation will provide basic information on Colorectal Cancer, prevention and risk factors.
• The content of this presentation was provided by the American Cancer Society, and the Health Promoters Program. Ms. Rodriguez distributed index cards for additional comments, suggestions or questions from the members.
• A pre-test and post-test was distributed during the presentation.
• The training covered the following information:
  • What is Cancer?
  • What is Colorectal Cancer?
  • How common is Colorectal Cancer?
  • Risk Factors and how to lower your risk of Colorectal Cancer
• Colorectal Cancer Screening Guidelines
  A copy of the presentation can be obtained by contacting the assigned Field Specialist of RCAC 11 or by calling the Community Outreach & Engagement Department Toll Free line at 1-888-839-9909.

Community Sponsorships
• The RCAC will be sponsoring an organization/event that will focus on the Social Determinants of Health that impact their community. The two topics that have been identified are Food Security and Early Childhood Development.
• Frank Meza provided additional information about the two topics to give members a clear understanding of what they are and how the RCAC can work with community partners to effectively address the health topic.
• Mr. Meza asked the RCAC to vote on one of the two topics the results are the following:
  - Food Security - 7
  - Early Childhood Development - 5
• RCAC members will have an opportunity to further discuss and plan for the upcoming sponsorship project.

Community Outreach Events
• RCAC members will have an opportunity to partner up with a variety of Community Based Organizations (CBOs) as a collaborative to support each other’s programs and projects.
• RCAC Members were asked at the previous RCAC meeting to bring one name of a community based organization they may know or have worked with in the past. Everyone was given an opportunity to bring the agencies contact information for the May RCAC meeting.
• More information will be provided at the next schedule meeting on May 16, 2019.

Outreach Events
• RCAC members will have more time at their May meeting to start working and discussing the messaging for their outreach efforts. In addition, staff will review the number of outreach events RCAC members will be responsible for.
• Staff will develop a system to effectively schedule and track everyone’s attendance and progress during the work-plan projects and events.

VII. FUTURE AGENDA ITEM

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<td>RCAC member suggested the RCAC take advantage of L.A. Cares resources and not only talk about Colorectal Cancer but other cancers that impact our communities. The RCAC will work with staff to coordinate additional topics to be presented at the RCAC.</td>
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VIII. MEETING EVALUATION

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- RCAC members took 5 minutes to complete meeting evaluations.

### IX. PUBLIC COMMENTS

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### X. ADJOURNMENT

- Meeting Adjourned at 12:00 p.m.
- The next meeting is scheduled for Thursday, May 16, 2019 from 9:30am to 12:00pm at the Pomona Catholic High School at 533 W. Holt Avenue, Pomona, CA 91766.

Respectfully Submitted by: 
Frank Meza, *Community Outreach Field Specialist*

Approved by: 
Elda Sevilla, *RCAC 11 Chair*

In the absence of the chair, approved by the Vice-Chair:
IX. PUBLIC COMMENTS

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Frank Meza, Community Outreach Field Specialist

Elda Sevilla, RCAC 11 Chair