Regional Community Advisory Committee (RCAC)  
Region 11 – Pomona - Committee Summary  
dA Center for the Arts  
252 D South Main Street  
Pomona, CA 91766  
July 19, 2018

| MEMBERS |  | ADOVOCATES |  | STAFF/MANAGEMENT |
|---------|  |------------|  |------------------|
| Gladys Alvarez | P | Marina Garcia | P | Layla Gonzalez-Delgado, L.A. Care Board Member |
| Sandra Aramburo | P | Maria Ángeles Refugio | P | Frank Meza, Field Specialist, Community Outreach & Engagement |
| Evangelina Candelario | P | Rosa Pastrana | P | Mario Ramos, Advocate |
| Angelica Vazquez Cisneros | P | Linda Resendez | P | Ana Gonzalez, Advocate |
| Reyna Hernandez | P | Elda Sevilla (Vice Chair) | P |  |
| Mariela Lopez | P | Lluvia Salazar (Chair) | P | Victoria Lara, L.A. Care Intern |
| Cruz Lopez Ochoa | E | Tanya King | P | Nicole Mercado, L.A. Care Intern |
| Reyna Orellana | P |  |  |  |

Attendance: Members 13, Advocates 1, Providers 0, Public 0, Staff 3, Interpreters 2  
(P) Present, (E) Excused absence, (U) Unexcused absence  
(R) Removed due to recertification/absences/membership termination.
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<tr>
<th>AGENDA ITEM</th>
<th>SUMMARY OF DISCUSSION AND FOLLOW-UP</th>
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| I WELCOME & INTRODUCTIONS | • Lluvia Salazar, *RCAC 11 Chair*, called the meeting to order at 9:30 a.m.  
• Frank Meza reviewed the meeting materials and the agenda prior to the start of the meeting.  
• RCAC members read the L.A. Care Mission Statement and Meeting “Ground Rules”. |
| II BUSINESS | Meeting Agenda & Summary  
• RCAC Members approved the agenda for July 19, 2018.  
• The May 17, 2018 meeting summary was reviewed and approved without any changes.  |
| | Executive Community Advisory Committee (ECAC) Report  
• Angelica Vasquez Cisneros did not attend the June 13, 2018 ECAC meeting and was not able to report.  
• Frank Meza provided a few points from the June ECAC meeting:  
  ➢ L.A. Care and the Consumer Advisory Committees (CAC) had a successful advocacy day meeting with over 20 elected officials in the Los Angeles area who hold various leadership positions in Sacramento.  
  Mr. Oaxaca thanked everyone who attended, and hoped that everyone enjoyed the day.  
  ➢ A schedule of the proposed dates of when the Family Resource Centers will be opening was discussed during the meeting and a copy of the dates was provided to everyone.  
  ➢ RCAC 11 is proposed to open in May 2019.  |
| | Board of Governors (BOG) Report  
• Reyna Hernandez, RCAC 11 Member attended the June Board of Governors Meeting and reported on the following points:  
  ➢ Mr. John Baackes, CEO is working to expand its current Safety Net of providers and the quality of services they provide. In addition, L.A. Care is looking at providing grants to students at Charles Drew Medical Center and UCLA Medical Center as part of the grant program.  |
| | L.A. Care Board Member Report  
• Hilda Perez, Board Member provided information from the June Board meeting and welcomed new Board Member, Antonia Jimenez, who is the Acting Director for the County of Los Angeles Department of Public Social Services. She oversees a work force of nearly 14,000 employees, an annual budget of approximately $4 billion. DPSS provides services to over 3.5 million low-income residents. In addition to her career with the County of Los Angeles, she has over 25 years of extensive experience as a senior executive within |
John Baackes, Chief Executive Officer, reported L.A. Care is involved in supporting a program with Project Angel Food under a state grant to study the impact of nutritious meals on medical services utilization for patients recently discharged from acute care for congestive heart failure. L.A. Care provided $50,000 to cover expenses not covered by the grant. This is an example of how L.A. care can support integrating social services.

Last year L.A. Care increased community grants to support the homeless housing program through Brilliant Corners. The program was developed in connection with the Whole Person Care Pilot, aimed at providing additional social services support for people experiencing homelessness and people coming out of jail. L.A. Care has helped place seven people.

Elevating the Safety Net is a provider workforce initiative. Its goal is to increase the number of providers who work in the Los Angeles County Safety Net, as well as keep high quality doctors, which also increased the number of providers available to L.A. Care members.

Layla Gonzalez-Delgado, Board Member reported on the following:

John Baackes, L.A. Care CEO, provided an update on changes to L.A. Care’s provider networks that will allow more engagement with providers and will bring more value to membership. L.A. Care has been trying to elevate the quality and performance of medical groups or IPA’s that providers have to contract with in order to better serve L.A. Care’s mission. L.A. Care will be able to pay the physicians more because there will be no medical groups involved.

In addition, Mr. Baackes reported that L.A. Care is proposing to set aside a portion of retained earnings to create a grant program to strengthen the safety net providers in L.A. County. The funds would be used to assist clinic and providers in hiring safety net doctors, who would be available to L.A. Care members and vulnerable populations, and to provide medical school scholarships to create a pipeline of doctors for the future. Elevating the Safety Net will tie into the L.A. Care brand campaign – Elevating HealthCare in L.A. County.

During the first year $32 million dollars of the retained earnings will be designated in a Board Designated Fund for Elevating the Safety Net grant program. Out of this amount, $10 million dollars will be authorized to fund the initial programming: 8 medical school’s scholarships, 4 at Charles Drew and 4 at UCLA and to also support salary subsides, loan forgiveness and administrative cost. Its guiding principles will focus on increase health access, equity, cultural competency, economic opportunity, premier health care workforce and resource coordination.
Members Attending the ECAC Meeting
- Reyna Hernandez is scheduled to attend the ECAC meeting on Wednesday, August 8, 2018.
- Mariela Lopez is scheduled to attend the ECAC meeting on Wednesday, September 8, 2018.

Member Attending the Board of Governors (BOG) Meeting
- Angelica Vasquez Cisneros is scheduled to attend the BOG meeting, on Thursday, July 26, 2018.
- The Board of Governors will not meet in August but will resume on September 6, 2018 for an all-day retreat.
- Evangelina Candelario is scheduled to attend the BOG meeting, on Thursday, September 6, 2018 at the California Endowment located at 1000 Alameda St, Los Angeles, CA 90012. More information on the time and details will be provide to the member attending as it becomes available.

Community Outreach & Engagement (CO&E) Report
- There are two remaining ECAC Leadership Trainings for the fiscal year. The next scheduled training is on Friday, July 28, 2018, which will focus on Data and Technology. The final training is scheduled for Friday, September 28, 2018, which will be titled “L.A. Care Business Part 2”.
- Both trainings are mandatory for all Chair, Vice-Chair and At-Large Members.
- There will be a training for newly elected Chairs and Vice Chairs scheduled for Wednesday, August 29, 2018 from 8:30 a.m. to 3:00 p.m. The training is mandatory.
- A New Member Orientation is scheduled for Friday, September 7, 2018 from 8:30 a.m. to 12:00 p.m. This training is mandatory for all newly approved Consumer Advisory Committee members.
- The proposed dates of the expansion of the L.A. Care Family Resource Centers was provided to all RCAC members and the RCAC 11 center was especially highlighted because the opening will be beneficial to the RCAC 11 area.
  - October 2018 – East LA (RCAC Region 10)
  - February 2019 – South Park (RCAC Region 4)
  - May 2019 – Pomona Valley (RCAC Region 11)
  - August 2019 – The Westside (RCAC Region 5)
  - December 2019 – San Gabriel Valley (RCAC Region 3)
  - February 2020 – Gateway Cities (RCAC Region 7)
  - May 2020 – Long Beach (RCAC Region 9)
  - August 2020 – South Bay (RCAC Region 8)
- Members were encouraged to call Frank Meza or Felicia Gray to provide information on potential sites within the region of RCAC 11.
### III REGIONAL ISSUES
Frank Meza, Field Specialist

- There were no member issues presented.

### IV Get Up & Move

- Members were given the opportunity to move, stretch and take a break.

### VI WORK PLAN PROJECT
Frank Meza, Field Specialist

**RCAC/ Community Work Plan Projects 2017/2018**

**Community Partnership**
- A representative from United Against Poverty and Disease (UAPAD) will attend the next RCAC meeting on September 20, 2018 to provide a report about the Women's Health & Wellness event.
- The final flyer will be mailed to all RCAC members so they can schedule to attend and promote it to their friends and family.

**Health Education Training - Cancer Screening**
- Frank Meza, Field Specialist provided an overview of what cervical cancer is; it’s impact on society; risk factors, including the human papillomavirus (HPV); the importance of cervical cancer screening (Pap tests), and prevention through vaccination. Everyone was asked to take a pre-test to test the member’s knowledge of the material.
- Mr. Meza will review the following:
  - Describe what cervical cancer is
  - Name the risk factors for cervical cancer
  - Talk about HPV and its role in causing cervical cancer
  - List ways cervical cancer can be prevented
  - Describe the importance of getting regular Pap tests
  - Talk about the importance of HPV vaccination.

- Felicia Gray, Liaison, reviewed the following two most important ways to prevent cervical cancer and other things to avoid:
  - Get screened
  - Get vaccinated
  - Other Ways; don’t smoke, use condoms during sex, and limit your number of sexual partners.
In addition, Ms. Gray also provided information about L.A. Care’s Health in Motion program, which helps members reach their desired health goals. Health educators and Registered Dietitians will support members every step of the way and can be via the telephone, or in person at one of the Family Resource Centers. Over the phone assistance consultations are provided by registered dieticians or health educators and will provide help with nutrition, weight, or management of conditions like diabetes or asthma. This resource is for all L.A. Care Members at no additional cost.

The following resources were provided and phone numbers are listed in the presentation handout:
- L.A. Care Member Services
- 24-Hour Nurse Advice Line
- Health Education and Cultural and Linguistic Services Department
- Family Resource Centers

Felicia Gray asked all members to complete a post-test.

**RCAC Work-Plan Community Outreach Events**

- All RCAC members will be required to participate in three Community Outreach events to provide information and resources to the community about the following topics they were trained on: Diabetes, Heart Health, and Cancer Screenings.
- Members were encouraged to call Frank Meza if they know of any events or outreach opportunities taking place in their community.
- Elda Sevilla, RCAC Vice Chair provided information about an upcoming event scheduled for Saturday, July 24, 2014 from 9:00am to 12:00pm located at the Teri G. Muse Family Service Center at 14305 E. Morgan Street, Baldwin Park, CA 91706.
- Frank Meza will gather more information about the event and whether there is sufficient time for the RCAC to participate. Mr. Meza will mail all RCAC members a flyer and will call them to remind them about the event.

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<th>VII FUTURE AGENDA ITEMS Group</th>
<th>• No future agenda meeting items were presented.</th>
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<td>VIII MEETING EVALUATION Group</td>
<td>• Members were informed to complete their meeting evaluation.</td>
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<td>IX</td>
<td>PUBLIC COMMENTS Group</td>
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|    | • Frank Meza invited everyone to attend the upcoming “Back to School” event taking place at the Boyle Heights Wellness Center from 9:00am to 12:00pm located at the old General Hospital building at 1200 N. State Street, Suite 1069, Los Angeles, CA 90033.  
• Mr. Meza encouraged everyone to attend to take advantage of the services and resources being provided, and also to take advantage of the free backpack giveaways. |

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|    | • Meeting Adjourned at 12:00 p.m.  
• The next meeting is scheduled for **Thursday, September 20, 2018 at the dA Center for the Arts at 252 D. South Main Street, Pomona, CA 91766.** |

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Lluvia Salazar, RCAC 11 Chair
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Frank Meza, Coommunity Outreach Field Specialist

Lluvia Salazar, RCAC 11 Chair