



Regional Community Advisory Committee (RCAC)
 Region 3 - Alhambra, Pasadena, Foothill - Committee Summary
 Rosemead Community Center
 3936 Muscatel Avenue, Room 4
 Rosemead, CA 91770
 Tuesday, October 16, 2018
 9:30AM - 12:00PM

MEMBER ATTENDANCE

STAFF/MANAGEMENT

Margaret "Maggie" Belton, <i>Vice-Chair</i>	P	Lidia Parra	P	Frank Meza, <i>Community Outreach Field Specialist</i>
Cynthia Conteas-Wood, <i>Chair, Community Partner</i>	P	Veronica Ramirez, <i>CHAPCare Community Partner</i>	E	Felicia Gray, <i>Community Outreach Liaison</i>
Adán N. Fernández	P	Devon Rax, <i>Provider</i>	E	Jose Ricardo Rivas, <i>Community Outreach Field Specialist</i>
Shekelia Harvey	P	Gonzalo Sandoval	P	Jose Quintero, <i>Member Relations Health Navigator</i>
Daniel W. Kwong	P	Roberto Santos	P	Idalia de la Torre, <i>Field Specialist Supervisor</i>
Fung Ha Leung Kwong	E	Mirsa Serrano, <i>Community Partner</i>	E	
Anna Ochoa, <i>Community Partner</i>	E	Rosa Ureña	P	
Oleeta Igar, <i>Community Partner</i>	P			

(P) present **(E)** excused absent **(U)** unexcused absent

PUBLIC

INTERPRETERS

		Shelley Hash & Paula Alvira, <i>Spanish Interpreters</i>
		Lily Chou & Ivan Ho, <i>Chinese Interpreters</i>

MEETING SUMMARY, DISCUSSION AND FOLLOW UP

	AGENDA ITEM	LEAD
I.	WELCOME AND INTRODUCTION	Frank Meza, <i>Field Specialist</i> Cynthia Conteas-Wood, <i>Chair</i>
<p><u>L.A. Care’s Mission Statement / Three Goals of CO&E and RCACs</u></p> <ul style="list-style-type: none"> • RCAC members read the L.A. Care’s Mission statement and the three Goals of Community Outreach and Engagement. (Health Promotion, Advocacy and Community Partnerships). • RCAC members reviewed the RCAC meeting “Ground Rules” prior to the start of the meeting. • Cynthia Conteas-Wood, <i>RCAC Chair</i> called the meeting to order at 9:30am. Everyone introduced themselves. 		
II.	BUSINESS	Frank Meza, <i>Field Specialist</i> Cynthia Conteas-Wood, <i>Chair</i>
<p><u>Approval of Agenda & Meeting Summary</u></p> <ul style="list-style-type: none"> • The agenda for October 16, 2018 was approved as presented. • The meeting summary for August 21, 2018 was approved as presented. <p><u>ECAC and Board Meeting Reports</u></p> <ul style="list-style-type: none"> • Rosa Arevalo Ramos, RCAC Member, attended the September 12, 2018 ECAC meeting and reported the following: <ul style="list-style-type: none"> • Ms. Ramos talked about Proposition 10 (Local Rent Initiative) which allows local counties and cities to adopt rent control laws that regulate how much landlords can charge tenants for any type of rental housing. • In addition, she was happy to hear L.A. Care is supporting the Safety Net by creating programs and Initiatives such as the “Elevating the Safety Net”. • Gonzalo Sandoval, RCAC Member attended the October 10th ECAC meeting and shared information about John Baackes, L.A. Cares CEO, efforts to expand the Safety Net in Los Angeles County, which will include Primary Care doctors and Specialists. • Cynthia Conteas-Wood, RCAC 3 Chair, attended the Board meeting on October 4, 2018 and reported the following: <ul style="list-style-type: none"> • The Board approved new Board Officers that will start on November 1, 2018 • Chairperson - Hector De La Torre • Vice Chairperson - Alvaro Ballesteros • Treasurer - Robert Curry • Secretary - Layla Gonzalez-Delgado 		

- The Board welcomed Dr. Ilan Shapiro to his first Board meeting. Dr. Shapiro was born and raised in Mexico City. After graduating as Honorary Valedictorian and obtaining his MD. He began working for the Mexican Secretary of Health as the liaison between Mexico and the World Health Organization (WHO).
- In addition, Ms. Contreas-Wood talked about the Trump Administration announcement for a proposal rule that would make it harder for legal immigrants to get green cards if they have received certain kinds of public assistance like Medi-Cal, food stamps or subsidies for housing. The Trump Administration wants to change the meaning of a status known as “public charge”. This is a category used to determine whether someone seeking permanent resident status is likely to become primarily dependent on government.
- Ms. Contreas-Wood talked about the expansion of the Lynwood Family Resource Center to a new office space and the opening of additional centers coming soon.

RCAC Members Attending ECAC

- Roberto Santos, RCAC 3 member is scheduled to attend the ECAC meeting on November 14, 2018 at L.A. Care.
- Rosa Urena, RCAC 3 member is scheduled to attend the ECAC meeting on December 12, 2018 at L.A. Care.
- ECAC is scheduled from 10:00am to 1:00pm at L.A. Care Health Plan in Downtown L.A.

RCAC Members Attending the Board of Governors (BOG)

- Fung Ha Leung Kwong, RCAC 3 Member will attend the BOG meeting on Thursday, November 1, 2018 from 2:00pm to 5:00pm. at L.A. Care.
- Daniel Kwong, RCAC 3 Member will attend the December 6, 2018 Board of Governors meeting from 2:00pm - 5:00pm at L.A. Care Health Plan.
- Ms. Contreas-Wood suggested the RCAC select a back-up person just in case the selected member is not able to attend the board meetings to ensure there is representation from RCAC 3. The RCAC agreed and will follow the process moving forward.

Community Outreach & Engagement (CO&E) Report

At-Large Member Elections

- The ECAC At-Large elections will occur during the November 14, 2018 ECAC meeting.
- RCAC members who were interested in running for the position needed to complete an application, attend the November ECAC meeting, and speak to the ECAC members on why they are running for the position. Currently, there are two ECAC At-Large member positions, one represents the RCACs and the other represents the CCI Councils.
- Applications along with the Roles & Responsibilities were mailed to RCAC and CCI members who were interested and applications were also made available during the October RCAC meetings cycle. Applications were able to be completed at the meeting, mailed, faxed, or hand delivered to staff at L.A. Care’s Headquarters office.
- The two elected individuals will need to be approved by the Board of Governors in December and will then be able to be sit at the ECAC table as members during the December 12, 2018 ECAC meeting.

Consumer Advisory Committee Operating Rules

- The Consumer Advisory Committee Operating Rules were approved by the Board at their April 5, 2018 meeting and a copy was provided to all RCAC and CCI members during their October and November RCAC/CCI meetings.
- The specific sections where changes were made are the following:
 - Change wording from RCACs to CACs
 - Change the name of Community Outreach & Education to Community Outreach & Engagement
 - Add the CCI Councils to the Operating Rules
 - A person can only be a member of one L.A. Care Consumer Advisory Committee at a time
 - Add the Office of the Inspector General (OIG) and General Services Administration to the application and verification process
 - Provisional Membership
 - Recertification process shall occur bi-monthly. If a member loses their eligibility, they will have 60 days to re-instate their services.
 - Member who fail to sign the acknowledgement of receipt and understanding of L.A. Care Code of Conduct and CAC Member Standards of Behavior upon sixty (60) days of receipt may lead to termination of CAC membership.

Cultural & Linguistics Survey

- All RCAC members received a survey to help L.A. Care gauge member satisfaction and improve interpretation services that are provided at RCAC meetings, events or conferences.
- All RCAC members completed the survey.

Code of Conduct Training

- The Code of Conduct training will be held at each RCAC and CCI meeting during the December and January meetings. The training will discuss the general guidelines and principles for appropriate behavior as a member of our community councils. After the training, members will be asked to sign a code of conduct acknowledgment to confirm that they have read and understood what is expected of them and as a requirement by the Consumer Advisory Committee Operating Rules. Breaches of the code of conduct MAY result in removal from a community advisory committee.
- Starting November 1, 2018 people will be able to find voter registration forms at all of the Family Resource Centers.
- Community Outreach & Engagement will be working with the American Red Cross to provide an emergency preparedness presentation at the RCAC meetings for 2019. Once a date has been confirmed, it will be scheduled at every RCAC meeting.

Elevating the Safety Net Initiative Presentation

- Frank Meza, Field Specialist provided a presentation to highlight in more detail the “Elevating the Safety Net” Initiative that L.A. Care is supporting. L.A. Care recognizes there is a growing physician Shortage through the nation and California is especially vulnerable since it’s the most populous State.
- Committee members have express concerns about wait times at clinics and long waits to get appointments. A commitment of \$31 million has been made by L.A. Care to start three initiatives based on the following guiding principles:
 - Increase Health Access
 - Equity and Cultural Competence
 - Economic opportunity
 - Premier Health Care Workforce
 - Resource Coordination
- L.A. Care’s three Initiatives were presented:
 - Medical Scholarships Initiative
 - Physician Recruitment and Retention Initiative
 - Medical Loan Repayment Initiative
- This initiative is to develop a pipeline for future primary care physicians serving L.A. Care Members and other Vulnerable Population with criteria that prioritize need and interest in serving underserved communities in L.A. County, Partnership with two universities to offer four scholarships at Charles Drew University and UCLA.
- A brief bio of all the recipients was included in the presentation to help members get a better understanding of their background and reasons why they applied for the scholarship.
- A Video was shown to the group which illustrated the day the awards were presented to the recipients and also provided an opportunity for the recipients to talk about the program.

III.	REGIONAL ISSUES	Group
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Member Issues

- Cynthia Contreas-Wood reported back with regards to a question from a RCAC member that came up at a previous meeting about Hearing Aids, and whether replacement batteries were covered benefit. She stated batteries are only covered during the initial setup and replacement batteries needed at a later time are not covered by the plan.
- Ms. Contreas-Wood also talked about access issues for Pharmacy and getting your prescriptions in the Antelope Valley. She also mentioned CVS Pharmacy may be able to deliver your medicine and encourage member to inquire about the service.
- Members were encouraged to speak to the Health Navigator who is present at all RCAC meetings.

IV.	GET UP AND MOVE	Felicia Gray, <i>Liaison</i> and Group
<ul style="list-style-type: none"> All RCAC members took a ten-minute break. 		
V.	RCAC WORK-PLAN	Group
<p><u>Work-Plan 2017/2018</u></p> <ul style="list-style-type: none"> Oleeta Igar, Community partner provided additional information about the completion of the events and trainings that were provided to the community as part of the Community partnership for the RCAC Work-Plan. Overall, she mentioned all events were well attended and they felt the topic of Diabetes was a very important topic to this community and it made a huge impact in terms of services, resources and information made available to everyone. <p><u>Community Outreach Events</u></p> <ul style="list-style-type: none"> The RCAC participated in two Outreach events where they provided information about: Diabetes, Heart Health, and Cervical Cancer. The two sites and dates are the following: <p><u>Rosemead Community Center</u></p> <ul style="list-style-type: none"> September 27, 2018 <p><u>American Heart Association - Heart Walk</u></p> <ul style="list-style-type: none"> September 29, 2018 		
VII.	FUTURE AGENDA ITEM	Group
<ul style="list-style-type: none"> There were no future agenda items brought forward. 		
VIII.	MEETING EVALUATION	Group
<ul style="list-style-type: none"> RCAC members took a few minutes to complete meeting evaluations. 		
IX.	PUBLIC COMMENTS	Group

- There were no public comments.

X.	ADJOURNMENT	Group
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- The RCAC agreed to have a potluck at their next scheduled meeting in December to celebrate the holiday Season.
- The meeting was adjourned at 12:00 p.m.
- The next RCAC meeting is scheduled for December 17, 2018 at the Rosemead Community Center at 3936 Muscatel Avenue, Room 4 - Rosemead, CA 91770 from 9:30am to 12:00pm.

Respectfully Submitted by:
Frank Meza, *Community Outreach Field Specialist*

Approved by: _____
Cynthia Contreas-Wood, *RCAC 3 Chair*


In the absence of the chair, approved by the Vice-Chair:
Name: _____

- There were no public comments.

X.	ADJOURNMENT	Group
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Respectfully Submitted by:


Frank Meza, *Field Specialist*

Approved by:


Cynthia Contea-Wood, *RCAC 3 Chair*

In the absence of the chair, approved by the Vice-Chair:

Name: _____