Regional Community Advisory Committee (RCAC)
Region 2 - Van Nuys, Pacoima, West Hills, North Hills, Arleta, Sepulveda
Committee Summary

L.A. Care Family Resource Center - Pacoima
10807 San Fernando Road, Pacoima, CA 91331

Monday, June 17, 2019
10:00am - 12:30pm

MEMBERS

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Maricruz Alvarez</td>
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<tr>
<td>Elliot Bailiff</td>
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<tr>
<td>Wilma Ballew</td>
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<td>Chun (Michael) Choe</td>
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<td>Elizabeth Cooper</td>
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<td>Maria Sara Monica</td>
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<td>Janet Henderson</td>
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<tr>
<td>Estela Lara</td>
<td>Chair</td>
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<td>Diana Leff</td>
<td>P</td>
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<tr>
<td>Channary Lim</td>
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<tr>
<td>Virginia Martinez</td>
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<td>Ismael Maldonado</td>
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STAFF/MANAGEMENT

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<tr>
<th>Name</th>
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<tr>
<td>Sina Nhek</td>
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<tr>
<td>Maria G. Ramos</td>
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<tr>
<td>Ana Rodriguez</td>
<td>Vice-Chair</td>
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<td>Socrates Rodriguez</td>
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<td>Jacqueline Session</td>
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<td>Gary Stein</td>
<td>P</td>
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<td>Soriya Sun</td>
<td>E</td>
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<tr>
<td>Auleria Eakins</td>
<td>Manager</td>
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<tr>
<td>Idalia De La Torre</td>
<td>Field Specialist Supervisor</td>
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<tr>
<td>Kristina Chung</td>
<td>Field Specialist</td>
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<tr>
<td>Manny Vizcara</td>
<td>Liaison</td>
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<tr>
<td>Maria Rodriguez-Camarena</td>
<td>Health Navigator</td>
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COMMUNITY PARTNERS

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<th>Name</th>
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<tr>
<td>LAC DPH - SPA 2</td>
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<tr>
<td>AMPM Home Health Agency</td>
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<tr>
<td>Youth Policy Institute</td>
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<td>NEVHC – WIC</td>
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INTERPRETERS

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<tr>
<th>Name</th>
<th>Position</th>
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<tr>
<td>Shelley Hash</td>
<td>Spanish Interpreter</td>
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<tr>
<td>Bo Uce</td>
<td>Khmer Interpreter</td>
</tr>
<tr>
<td>Eduardo Kogan</td>
<td>Spanish Interpreter</td>
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<tr>
<td>Samedy Chhum</td>
<td>Khmer Interpreter</td>
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June 17, 2019 RCAC 2 Meeting Summary

DRAFT
## AGENDA ITEM

### I. WELCOME AND INTRODUCTIONS

**Estela Lara, Chair**

- Ana Rodriguez, *Vice-Chair*, called the meeting to order at 10:06am and asked everyone to introduce himself or herself.
- Kristina Chung, *Field Specialist*, stated that for the month of June, the *Vice-Chair* will be facilitating the meeting.
- Maria Sara Monica Elias read the Ground Rules.
- Ms. Chung reminded members that it is very important to stick to the agenda so that the meeting ends on time. Estela Lara, *Chair*, will be the timekeeper for the meeting. For items that are not on the agenda, they will be added to the “Parking Lot” which is a placeholder for items to be discussed at future meetings.
- Janet Henderson asked how to add agenda items. Ms. Chung explained that to add agenda items, it must first be discussed under the *Future Items* section of the agenda and there must be a group consensus to add it to a future meeting.
- Ms. Cooper objected to staff taking up time and infringing on the time that members can speak. She would like RCAC meeting to be run by *Chairs* and not the staff. Ms. Chung explained that the *Chairs* and *Vice-Chairs* have received training on facilitating RCAC meetings and they will take a more active role moving forward. The staff’s role is to support the *Chairs* and *Vice-Chairs*, provide reports and answer questions from members.
- Ms. Chung reviewed the agenda with the members.

### II. BUSINESS

**Kristina Chung, *Field Specialist***  
**Ana Rodriguez, *Vice-Chair***

#### Approval of Agenda & Summary

- The agenda was motioned for approval by Maricruz Alvarez and seconded by Maria Ramos. The agenda was approved with 2 abstentions.
- Ms. Rodriguez asked the committee to review the April 2019 meeting summary. She reminded members that they should review the agenda and summary before the meeting. This is a responsibility for all members.
- On page 5, Ms. Janet Henderson’s first name was spelled incorrectly. The meeting summary for the April 2019 meeting with the correction was motioned for approval by Maria Ramos and seconded by Diana Leff. The summary was approved with 1 abstention.
- Ms. Chung reviewed the agenda with the committee. The Stress Management presentation will be given at the August meeting due to the presenter having a scheduling conflict.
- The 20<sup>th</sup> Anniversary certificates will be mailed out to members who attended the Spring RCAC Conference.
**Member Comments**
- Ms. Cooper expressed her concern that staff was taking too much time speaking and that it is taking up time for the members to speak. She said that the Chair should run the meeting. Ms. Chung explained the role of staff at meetings is to provide updates and answer questions and that the Chair and Vice-Chair have received training at the ECAC Leadership Trainings to facilitate the meetings.

**ECAC and Board of Governors Reports**
- Members received a copy of the ECAC report to review. Members who attended the ECAC and Board of Governors (BOG) meetings gave a report on the following:

**May 2019 ECAC Report (Janet Henderson)**
- Doctors are restricted in prescribing opioids for patients. Patients must stay in contact for a minimum of 3 months.
- People who received SSI can now apply for CalFresh staring June 1, 2019.

**June 2019 ECAC Report (Maria Sara Monico Elias)**
- There is assistance available on applying for CalFresh for SSI recipients.

**Member Comments**
- Ms. Cooper expressed her concern regarding not having enough consumer representation on the Disability Ad-Hoc Committee. Ms. Auleria Eakins, Manager, provided the background of the ad-hoc committee and provided clarification.
  - The ad-hoc committee was formed in response to members requesting more input on disability issues.
  - Health Promoters will support the committee.
  - Western University is a partner for the committee and will present at the October 2019 ECAC meeting.

**May BOG Report (Sócrates Rodriguez)**
- Currently, undocumented residents can get health insurance up to age 19. There is current legislation that is being considered to insure all undocumented residents, regardless of age.

**June BOG Report (Virginia Martinez)**
- The Department of Public and Social Services (DPSS) presented on CalFresh. Estela Lara distributed English and Spanish CalFresh cards to members.

**ECAC Meeting Attendance**
- Maria Ramos will attend the July 10, 2019 ECAC meeting at L.A. Care Health Plan.
- There is no meeting in August.
Board of Governors (BOG) Meeting Attendance

- Maricruz Alvarez will attend the BOG meeting on July 25, 2019 at L.A. Care Health Plan.
- There is no meeting in August.

CO&E REPORT

Ice Cream Social

- Ms. Lara distributed ice cream to RCAC members.

Childcare Reimbursement Policy

Manny Vizcarra, Liaison, provided the following information:

- Childcare reimbursement will not be provided to the spouse or legal guardian of the child or to siblings of the child/children living at the same location as the child/children. A sibling is considered a male or female greater than 16 year of age who lives at the same residence as the child. (Special consideration will be taken for care of a child or children with special needs).
- Childcare reimbursement may be available only for children from birth to 11 years of age, or children with special needs of any age.
- To apply for childcare reimbursement, the parent or legal guardian must provide the following information:
  - Proof of age
  - Certification of approval for home schooling from the state, if appropriate
  - School vacation and holiday schedule
- To apply for childcare reimbursement for a child/children with special needs, the parent or legal guardian must submit one of the following:
  - A letter from the Social Security Administration identifying payment to you for child/children with a disability or;
  - Certification of disability from the child's/children healthcare or mental health provider.

Emergency Contact Sheet

- This is a form that all members of the RCAC can fill out so that L.A. Care staff knows who to contact in case of an emergency. It is voluntary and we encourage members to update the information should their emergency contact information change. An emergency binder containing this information will be brought to all RCAC meetings.

C&L Presentation

The C&L Presentation was presented by Ms. Chung and included the following:

- C&L’s Program and Services
- Report on services provided last fiscal year
- Information about cultural and linguistic services and how to access them
- Member Comments and Feedback
### III. GET UP & MOVE/BREAK Group
- Members took a 10 minute stretch break.

### IV. REGIONAL ISSUES Group

**RCAC Motion Flow Chart**
- Ms. Chung reviewed the RCAC motion flow chart which explains how a motion is brought up for discussion at the RCACs and how it proceeds to the ECAC and Board of Governors.

### V. RCAC/COMMUNITY WORK PLAN Kristina Chung, Field Specialist
- **2019 Community Outreach Event**
  - Ms. Chung explained the outreach component of the work plan project.
  - RCAC members can either participate in the FRC Back to School event OR attend an outreach event of their own. If members choose to participate in another event, they can partner with other RCAC members to outreach together. These events can be other scheduled community events or members can outreach at locations such as churches, schools, laundry mats, apartment complexes (in which they reside), etc. Members will need to outreach to at least 25 people and take a picture to turn in with their tally sheets.
  - Outreach is a requirement of all RCAC members and only members who have completed this requirement will receive the $25 gift card.
  - Ms. Henderson expressed frustration regarding the request for pictures and the requirement to receive the gift card.
  - The “Back to School” Event will take place at the Family Resource Center (Pacoima) on Saturday, July 20, 2018 from 10:00 am – 1:00 pm. A sign in sheet was passed out. The following members volunteered for the following shifts:
    - 10am -11am: Estela Lara, Maria Ramos, Ana Rodriguez
    - 11am – 12pm: Maria Monico Elias
    - 12pm – 1pm: Janet Henderson, Jacqueline Session

### VI. FUTURE AGENDA ITEMS Group
- There were no items discussed.

### VII. MEETING EVALUATIONS Group
- Members were reminded to complete and turn in the meeting evaluation included in their packets.

### VIII. PUBLIC COMMENTS Group
- There were no public comments.
IX. ADJOURNMENT

- Ana Rodriguez, Vice-Chair, adjourned the meeting at 12:25 pm.
- The next RCAC 2 meeting will be on Monday, August 19, 2019 from 10:00 am to 12:30 pm at L.A. Care’s Family Resource Center – Pacoima (10807 San Fernando Road, Pacoima, CA 91331).

Submitted by: __________________________________________________________
Kristina Chung, Field Specialist

Approved by: __________________________________________________________
Ana Rodriguez, RCAC 2 Vice-Chair
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Approved by:

Ana Rodriguez, RCAC 2 Vice-Chair