



L.A. Care
HEALTH PLAN®

For All of L.A.

L.A. Care Medically Tailored Home Delivered Meals – Diet Prescription

Return form to L.A. Care: Fax 213-438-4866 / Email: MLtss@lacare.org (send via secured email only)

SECTION I: Member information

Member/ Patient information

Member Name: _____

Member DOB: _____

Medical ID#: _____

Member Address: _____

Member Telephone #: _____

SECTION II: Clinical information

Diagnosis: _____

Medically Tailored Meal Type Request: <input type="checkbox"/> Diabetes Suitable <input type="checkbox"/> Gluten Free <input type="checkbox"/> Heart Healthy <input type="checkbox"/> Low Sodium <input type="checkbox"/> Pureed <input type="checkbox"/> Renal <input type="checkbox"/> Vegetarian	List of Medications: <i>*Information can be provided via facesheet, medication list and MD Prescription</i> <ul style="list-style-type: none"> • _____ • _____ • _____ • _____ • _____ • _____ 	Pertinent Labs: <i>*May attach labs</i> A1c _____ Date: _____ FBG _____ Date: _____ eGFR _____ Date: _____ Chol _____ Date: _____ TG _____ Date: _____
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Referral for Medical Nutrition Therapy consult with Registered Dietitian: Yes No

Additional Comments: _____

Physician Address:	
Physician Phone#:	Physician Fax#:
Professional License Number:	Licensing Authority:
Physician Signature:	
Date:	

By signing this form, I certify that I am licensed in the state of California and all information provided above is correct.

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