Recommendations During COVID-19

Asthma Management

People with asthma are at a higher risk of complications from COVID-19 such as pneumonia and Acute Respiratory Disease Syndrome. Visit the CDC website for more information.

A Reminder of Resources for MCPs

Medications and Telehealth

► On-line Medication Availability: Consider on-line ordering for members and informing them of its availability.
► Refills: Consider use of automatic refills and adjust refill limits.
► Medication Delivery: Consider home or mail delivery to members.
► Telehealth Updates: Review DHCS’ telehealth guidelines and virtual communication guidance.

Helpful Reminders for Members

► Provide Asthma Information: Recognize and avoid asthma triggers, and learn the proper use of asthma inhalers.
► Navigating Health Resources: Provide information on managing stress, and steps to prevent getting sick including vital vaccinations.
► Asthma Control Feedback: Inform about “Asthma Quicktake: Medications”.

Source: www.pexels.com