## Q: Which members are included in the sample?

- **A:** Members 18-75 years of age with diabetes (Type I & 2) who had each of the following factors:
  - ✓ most recent Hemoglobin A1c testing in 2012 with a level > 9.0%, < 8.0%, <7.0%
  - ☑ retinal eye exam in 2011/2012, and
  - ☑ most recent LDL-C testing in 2012 with level < 100, and
  - ✓ microalbumin test in 2012 or medical attention for nephropathy, and
  - ☑ blood pressure (BP) reading of < 140/90 in 2012
    </p>
  - ☑ blood pressure (BP) reading of < 140/80 in 2012
    </p>

## Q: What codes are used?

A: Codes used to identify a HbA1c Test:

**CPT CODES:** 83036, 83037

CPT CATEGORY II: 3044F, 3045F, 30446F

**LOINC:** 4548-4, 4549-2, 17856-6, 59261-8, 62388-4

Codes used to identify a **Retinal Eye Exam**:

**CPT CODES:** 67028, 67030, 67031, 67036,67039-67043, 67101, 67105, 67107, 67108, 67110, 67112, 67113, 67121, 67141, 67145, 67208, 67210, 67218, 67220, 67221, 67227, 67228, 92002, 92004, 92012, 92014, 92018, 92019, 92134, 92225-92228, 92230, 92235, 92240, 92250, 92260, 99203-99205, 99213-99215, 99242-99245

**CPT Category II:** 2022F, 2024F, 2026F, 3072F

**HCPCS:** S0620, S0621, S0625, S3000

Codes to used to identify a **LDL-C Screening**:

**CPT**: 80061, 83700, 83701, 83704, 83721 **CPT Category II**: 3048F, 3049F, 3050F

**LOINC:** 2089-1, 12773-8, 13457-7, 18261-8, 18262-6, 22748-8, 39469-2

49132-4, 55440-2

Codes used to identify medical attention for **nephropathy**:

**CPT**: 82042, 82043, 82044, 84156 **CPT Category II**: 3060F, 3061F

**LOINC:** 1753-3, 1754-1, 1755-8, 1757-4, 2887-8, 2888-6,2889-4,2890-2, 9318-7, 11218-5, 12842-1,13705-9,13801-6,14585-4,14956-7, 14957-5, 14958-3, 14959-1, 18373-1,20621-9, 21059-1, 21482-5, 26801-1, 27298-9, 30000-4, 30001-2, 30003-8, 32209-9,32294-1, 32551-4, 34366-5, 35663-4,40486-3, 40662-9, 40663-7, 43605-5, 43606-3, 43607-1, 44292-1, 47558-2, 49023-5, 50949-7, 53121-0, 53530-2, 53531-0, 53532-8, 56553-1, 57369-1, 58448-2, 58992-9, 59159-4, 60678-0, 63474-1

Codes to identify Evidence of treatment for nephropathy

**CPT:** 36147, 36800, 36810, 36815, 36818, 36819-36821, 36831-36833, 50300, 50320, 50340, 50360, 50365, 50370, 50380, 90935, 90937, 90940, 90945, 90957-90962, 90965, 90966, 90969, 90970, 90989, 90993, 90997, 90999, 99512

Codes used to identify **Systolic and Diastolic BP levels <140/80 Numerator compliant (BP <140/80mm/hg)** 

**CPT** category II

Systolic: 3074F, 3075F Diastolic: 3078F

Not numerator compliant (BP>140/80mm/hg)

**CPT** category II

Systolic: 3077F Diastolic: 3079F, 3080F

Codes used to identify Systolic and Diastolic BP levels <140-90

Numerator compliant (BP <140/90mm/hg)

**CPT** category II

**Systolic:** 3074F, 3075F **Diastolic:** 3078F, 3079F

Not numerator compliant (BP≥140/90mm/hg)

CPT category II

Systolic: 3077F Diastolic: 3080F

For both BP control indicators, the BP must be in conjunction with an outpatient visit code or a non-acute inpatient visit.

## Codes to identify exclusions\*:

ICD-9 CM:

Polycystic ovaries—256.4 Steroid Induced—249, 251.8, 962.0 Gestational Diabetes—648.8

\*Note: Send progress notes with documentation of polycystic ovary disease, gestational diabetes and steroid-induced diabetes for exclusion.

## Q: What documentation is needed in the medical record?

## <u>A:</u>

- ☑ (HbA1c) Must include a note indicating the date on which the HbA1c test was performed and the result
- ☑ (LDL-C) Must include a note indicating the date on which the LDL-C was performed and the result
- ☑ (**Urine Microalbumin**) Must include a note indicating the date on which a urine microalbumin test was performed, including the result
- ☑ (**BP**) Documentation of the most recent blood pressure reading in 2012.

## (**Retinal Eye Exam** ) – must include any one of the following:

- ☑ a note or letter from an ophthalmologist, optometrist or other healthcare professional summarizing the date on which the procedure was performed and results of the retinal exam
- ☑ a dated retinal chart or photograph or fluorescein angiography report
- ☑ a note, which can be prepared by PCP, indicating the date of the procedure and that an ophthalmoscopic exam was completed by an eye-care professional, with results of the exam
- ☑ documentation of certain therapeutic retinal surgical procedures done by eye specialist

Note: An eye exam completed in **2011** should have a negative result to count.

# Q: What type of medical record is acceptable?

#### A:

#### HbA1c

- ☑ HbA1c lab report done in 2012; need most recent test
- ☑ Progress note with notation of HbA1c test done in 2012 with result
- ☑ Health Maintenance Log with notation of HbA1c test done in 2012 with result

#### LDL-C

- ☑ Lipid Panel/Lab report (2012)
- ☑ Progress note with notation of LDL-C test date and result
- ☑ Health Maintenance Log with notation of LDL-C test date and result

#### **Urine Microalbumin**

- ☑ Lab report 24-hr urine for microalbumin, timed urine for microalbumin, spot urine for microalbumin, urine for microalbumin/creatinine ration, 24-hr urine for total protein, random urine for protein/creatinine ratio
- ☑ documentation of a visit to a nephrologists in 2012
- ☑ **positive** urine macroalbumin test in 2012 (simple urine test done in the office)
- ☑ Progress note/Medication list/Rx note with evidence of ACE Inhibitor/ARB therapy in 2012.

#### **Blood Pressure**

☑ Progress note – most recent 2012 visit with blood pressure reading, or

☑ Blood Pressure Log from the medical record

# Q: How to determine if a member's BP is adequately controlled?

**A:** Identify the lowest systolic and lowest diastolic blood pressure from the most recent BP notation in the medical record. BP should be either <140/80 or < 140/90 mm Hg.

## Q: Can administrative data be submitted to satisfy this numerator?

A: Yes. See codes.

# Q: How to improve score for this HEDIS measure?

## A:

- ☑ Use of correct diagnosis and procedure codes
- ☑ Timely submission of claims and encounter data
- ☑ Ensure proper documentation in medical record
- ☑ Polycystic ovary disease, gestational diabetes and steroid-induced diabetes documentation will assist in excluding member from the HEDIS sample