Adult BMI Assessment (ABA)

Q: Which members are included in the sample?

A: Members 18-74 years of age who had an outpatient visit and whose body mass index (BMI) was documented in **2014** or **2015**.

Q: What codes are used?

A: Please reference attached sample codes; reference Value Set Directory for additional codes

Q: What documentation is needed in the medical record?

A: Documentation in the medical record must include: a **note** indicating an outpatient visit, **date** visit occurred, and evidence of the following:

For members 21 years and older, medical record must indicate:

☑ Weight
☑ BMI Value

For members younger than 21 years old, medical record must indicate:

☑ Height
☑ Weight
☑ BMI Percentile *(Documented as a value (e.g., 85th percentile) or plotted on an age-growth chart.)*

Q: What type of medical record is acceptable?

A: One or more of the following: (visit completed in **2014** or **2015**)

☑ PM 160/CHDP
☑ Progress notes/Office visit notes
☑ Complete Physical Examination Form
☑ Dated BMI growth chart/log and weight

Note: *Ranges and thresholds do not meet criteria for this indicator.*

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Q: How to improve score for this HEDIS measure?
A: ☑ Use of complete and accurate Value Set Codes. ☑ Timely submission of claims and encounter data ☑ Ensure presence of all components in the medical record documentation *Exclusion (optional): A diagnosis of pregnancy in 2014 or 2015*

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SAMPLE CODES

ICD- 10 codes
Z68.51-Z68.54, Z68.1, Z68.20-Z68.24, Z68.25, Z68.30, Z68.41

CPT codes
99201-99205, 99211-99215, 99241-99245, 99341-99345, 99347-99350, 99385-99387

Exclusion ICD-10 code
Z33.1