

**HEDIS 2015 CRITERIA**  
**Adult BMI Assessment (ABA)**

**Q: Which members are included in the sample?**

**A:** Members 18-74 years of age who had an outpatient visit and whose body mass index (BMI) and weight were documented in **2013** or **2014**.

**Q: What codes are used?**

Please reference Value Set Directory

**Q: What documentation is needed in the medical record?**

**A:** Documentation in the medical record must include: a **note** indicating an outpatient visit, **date** visit occurred and evidence of **all** of the following:

- Date of the BMI
- BMI value
- Weight

For members younger than 19 years, documentation of BMI percentile also meets criteria:

- BMI percentile documented as a value (e.g., 85<sup>th</sup> percentile)
- BMI percentile plotted on an age-growth chart

**Q: What type of medical record is acceptable?**

**A:** One or more of the following: (visit completed in **2013** or **2014**)

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> PM 160/CHDP                        | <input checked="" type="checkbox"/> Complete Physical Examination Form    |
| <input checked="" type="checkbox"/> Progress notes/Office visits notes | <input checked="" type="checkbox"/> Dated BMI growth chart/log and weight |

*Note: Ranges and thresholds do not meet criteria for this indicator.*

**Q: How to improve score for this HEDIS measure?**

**A:**

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Use of complete and accurate Value Set         | <input checked="" type="checkbox"/> Ensure presence of ALL components in the medical record documentation |
| <input checked="" type="checkbox"/> Timely submission of claims and encounter data |   |

*Exclusion (optional): A diagnosis of pregnancy in 2013 or 2014*