

HEDIS 2015 CRITERIA

Adult BMI Assessment (ABA)



Q: Which members are included in the sample?

A: Members 18-74 years of age who had an outpatient visit and whose body mass index (BMI) and weight were documented in 2013 or 2014.

Q: What codes are used?

A: Please reference Value Set Directory

Q: What documentation is needed in the medical record?

A: Documentation in the medical record must include: a note indicating an outpatient visit, date visit occurred and evidence of all of the following:

- Date of the BMI
- BMI value
- Weight

For members younger than 19 years, documentation of BMI percentile also meets criteria:

- BMI percentile documented as a value (e.g., 85th percentile)
- BMI percentile plotted on an age-growth chart

Q: What type of medical record is acceptable?

A: One or more of the following: (visit completed in 2013 or 2014)

- PM 160/CHDP
- Progress notes/Office visits notes

Note: Ranges and thresholds do not meet criteria for this indicator.

- Complete Physical Examination Form
- Dated BMI growth chart/log and weight

Q: How to improve score for this HEDIS measure?

A:

- Use of complete and accurate Value Set
- Timely submission of claims and encounter data
- Ensure presence of ALL components in the medical record documentation

Exclusion (optional): A diagnosis of pregnancy in 2013 or 2014