BOARD OF GOVERNORS RETREAT

September 3, 2020 • 9:00 AM
L.A. Care Health Plan
1055 W. 7th Street, Los Angeles, CA 90017

PLEASE REVIEW: John Baackes
Please return to Board Services after review
Statement

L.A. Care’s mission is to provide access to quality health care for Los Angeles County’s vulnerable and low-income communities and residents and to support the safety net required to achieve that purpose.

Overview

Committed to the promotion of accessible, affordable and high quality health care, L.A. Care Health Plan (Local Initiative Health Authority of Los Angeles County) is an independent local public agency created by the State of California to provide health coverage to low-income Los Angeles County residents. Serving more than two million members in five product lines, L.A. Care is the nation’s largest publicly operated health plan.

L.A. Care Health Plan is governed by 13 board members representing specific stakeholder groups, including consumer members, physicians, federally qualified health centers, children’s health care providers, local hospitals and the Los Angeles County Department of Health Services.

L.A. Care advances individual and community health through a variety of targeted activities including a Community Health Investment Fund and sponsorships program that have awarded more than $180 million throughout the years to support the health care safety net and expand health coverage. The patient-centered health plan has a robust system of consumer advisory groups, including 11 Regional Community Advisory Committees (governed by an Executive Community Advisory Committee), 35 health promoters and six Family Resource Centers and one Community Resource Center that offer free health education and exercise classes to the community, and has made significant investments in Health Information Technology for the benefit of the more than 10,000 doctors and other health care professionals who serve L.A. Care members.

Programs

- **Medi-Cal** – In addition to offering a direct Medi-Cal line of business, L.A. Care works with three subcontracted health plans to provide coverage to Medi-Cal members. These partners are Anthem Blue Cross, Blue Shield of California Promise Health Plan and Kaiser Permanente. Medi-Cal beneficiaries represent a vast majority of L.A. Care members.

- **L.A. Care Covered™** – As a state selected Qualified Health Plan, L.A. Care provides the opportunity for all members of a family to receive health coverage under one health plan in the Covered California state exchange.
• **L.A. Care Cal MediConnect Plan** – L.A. Care Cal MediConnect Plan provides coordinated care for Los Angeles County seniors and people with disabilities who are eligible for Medicare and Medi-Cal.

• **PASC-SEIU Homecare Workers Health Care Plan** – L.A. Care provides health coverage to Los Angeles County’s In-Home Supportive Services (IHSS) workers, who enable our most vulnerable community members to remain safely in their homes by providing services such as meal preparation and personal care services.

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<tr>
<th>L.A. Care Membership by Product Line – As of August 2020</th>
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<tbody>
<tr>
<td>Medi-Cal</td>
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<td>L.A. Care Covered</td>
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<td>Cal MediConnect</td>
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<td>PASC-SEIU</td>
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<td>Total membership</td>
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<th>L.A. Care Providers – As of September 2018</th>
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<tbody>
<tr>
<td>Physicians</td>
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<tr>
<td>Specialists</td>
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<tr>
<td>Both</td>
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<td>Hospitals, clinics and other health care professionals</td>
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<th>Financial Performance (FY 2019-2020 budget)</th>
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<tr>
<td>Revenue</td>
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<tr>
<td>Fund Equity</td>
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<tr>
<td>Net Operating Surplus</td>
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<td>Administrative cost ratio</td>
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<th>Staffing highlights</th>
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<tr>
<td>Full-time employees (Actual as of November 2019)</td>
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<td>Projected full-time employees (FY 2019-2020 budget)</td>
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AGENDA
BOARD OF GOVERNORS RETREAT
L.A. Care Health Plan
Thursday, September 3, 2020, 9:00 AM
L.A. Care Health Plan, 1055 W. 7th Street, 10th Floor, Los Angeles, CA 90017

California Governor issued Executive Order N-25-20 and N-29-20, which, among other provisions, amend the Ralph M. Brown Act. Accordingly, members of the public should now listen to this meeting via teleconference as follows:

https://lacare.webex.com/lacare/onstage/g.php?MTID=e9fd832c8bd872ac97cd5b15f14b9f17c
English Audio Call (415) 655-0002, Access Code 146 652 2881
Spanish Audio Call (844) 907-7272, Access Code 23555233

Members of the Board of Governors or staff may also participate in this meeting via teleconference. The public is encouraged to submit public comments or comments on Agenda items in writing by e-mail to BoardServices@lacare.org, or by sending a text or voicemail to (213) 628-6420.

The text, voicemail, or email must indicate if you wish to be identified or remain anonymous, and must also include the name of the item to which your comment relates.

Comments received by voicemail, email or text by 9:00 am on September 3, 2020 will be provided in writing to the members of the Board of Governors at the meeting.

Once the meeting has started, emails and texts for public comment can be submitted before the item is called by the meeting Chair. If you wish to submit public comment on an item, you must submit it at any time prior to the time the Chair starts consideration of the item. The Chair will ask for public comment and will announce the item. The Chair will announce when public comment period is over for the item.

Public comments will be read for up to 3 minutes at the meeting.

All votes in a teleconferenced meeting will be conducted by roll call.

If you are an individual with a disability and need a reasonable modification or accommodation pursuant to the Americans with Disabilities Act please contact L.A. Care Board Services staff prior to the meeting for assistance by text to (213) 628-6420 or by email to BoardServices@lacare.org.

Welcome
Hector De La Torre, Chair

1. Approve today’s Agenda
Chair

2. Public Comment (Please read instructions above.)
Chair

3. Introduce Speakers:
John Baackes
Chief Executive Officer

- The Honorable Howard Dean, Former Governor of Vermont &
  Senior Advisor, Dentons

- The Honorable Nadine Burke Harris, MD, MPH, FAAP, California Surgeon General

4. Moderated Discussion
John Baackes

- Governor Howard Dean (speaker)
- John Baackes (moderator)

5. Moderated Discussion
John Baackes

- Nadine Burke Harris, MD, MPH, FAAP (speaker)
- John Baackes (moderator)

6. Strategic Vision & Organizational Update
John Baackes

Adjournment
Chair
The next Board of Governors meeting is scheduled on Thursday, October 1, 2020 at 2:00 PM and may be conducted as a teleconference meeting.

Public comments will be read for up to three minutes.

The order of items appearing on the agenda may change during the meeting.

If a teleconference location is listed at the top of this agenda, the public can participate in the meeting by calling the teleconference call in number provided. If teleconference arrangements are listed at the top of this Agenda, note that the arrangements may change prior to the meeting.

THE PUBLIC MAY SUBMIT COMMENTS TO THE BOARD OF GOVERNORS BEFORE DISCUSSION OF EACH ITEM LISTED ON THE AGENDA BY SUBMITTING THE COMMENT BY VOICE MESSAGE OR IN WRITING BY TEXT MESSAGE TO 213 628 6420, OR IN WRITING BY EMAIL TO BoardServices@lacare.org. Please follow additional instructions on the first page of this Agenda.

ACTION MAY NOT BE TAKEN ON ANY MATTER RAISED DURING THE PUBLIC COMMENT PERIODS UNTIL THE MATTER IS SPECIFICALLY LISTED ON A FUTURE AGENDA, according to California Govt Code Section 54954.2 (a)(3) and Section 54954.3.

NOTE: THE BOARD OF GOVERNORS CURRENTLY MEETS ON THE FIRST THURSDAY OF MOST MONTHS AT 2:00 P.M. AGENDA and PRINTED MEETING MATERIALS ARE AVAILABLE FOR INSPECTION AT http://www.lacare.org/about-us/public-meetings/board-meetings and by email request to BoardServices@lacare.org.

Any documents distributed to a majority of the Board Members regarding any agenda item for an open session after the agenda has been posted will be available for public inspection at http://www.lacare.org/about-us/public-meetings/board-meetings and can be requested by email to BoardServices@lacare.org.

An audio recording of the meeting is made to assist in writing the minutes and is retained for 30 days.

Meetings are accessible to people with disabilities. Individuals who may require any accommodations (alternative formats - i.e., large print, audio, translation of meeting materials, interpretation, etc.) to participate in this meeting and wish to request an alternative format for the agenda, meeting notice, and meeting packet may contact L.A. Care's Board Services Department at (213) 628 6420. Notification at least one week before the meeting will enable us to make reasonable arrangements to ensure accessibility to the meetings and to the related materials.
Governor Howard Dean  
Senior Advisor  
Dentons

Governor Howard Dean is a Senior Advisor in the Public Policy and Regulation practice at Dentons. He focuses on health care, education and energy issues, as well as providing expertise derived from his extensive experience in public office.

A recognized thought-leader in health care reform, Governor Dean works with clients to navigate complicated regulations and political challenges in both the private and public sectors. Through partnering industry with business and community interests he is at the forefront of promoting high quality and affordable health care while supporting innovation.

Respected for his fiscally moderate policies as Governor, he understands first-hand the severe budget constraints that are challenging state and municipal governments. With an extensive set of contacts nationally, Governor Dean is uniquely positioned to develop partnerships between industry stakeholders and local governments.

Governor Dean comes to Dentons after serving as Chairman of the Democratic National Committee, where he created and implemented the “50 State Strategy”, encouraging the cultivation of candidates in every state at every level, rather than solely the traditionally democratic-leaning states.

Governor Dean began his life in politics in 1982 when he was elected to the Vermont State Legislature. He transitioned from a practicing physician to a full-time career in public service when he became Governor of Vermont in 1991. Governor Dean raised his profile in the state, culminating in 12 years of service as Vermont’s governor - the second longest serving in Vermont’s history. He was known for his fiscal responsibility as well as his efforts in health care reform.

Respected on both sides of the political aisle, Governor Dean served as chairman of the National Governors’ Association, the Democratic Governors’ Association, as well as the New England Governors’ Conference while serving as Governor. Governor Dean left office in Vermont to run for President in 2003 where he implemented innovative fundraising strategies such as use of the internet, pioneering techniques used by both parties in the 2008 election.
Nadine Burke Harris, MD, MPH, FAAP
California Surgeon General

Dr. Nadine Burke Harris is an award-winning physician, researcher and advocate dedicated to changing the way our society responds to one of the most serious, expensive and widespread public health crises of our time: childhood trauma. She was appointed as California’s first-ever Surgeon General by Governor Gavin Newsom in January 2019.

Dr. Burke Harris’ career has been dedicated to serving vulnerable communities and combating the root causes of health disparities. After completing her residency at Stanford, she founded a clinic in one of San Francisco's most underserved communities, Bayview Hunters Point. It was there that Burke Harris observed that, despite the implementation of national best-practices for immunizations, asthma, obesity treatment and other preventive health measures, her patients still faced outsized risks for poor health, development and behavioral outcomes.

Drawing in research from the CDC and Kaiser Permanente, Dr. Burke Harris identified Adverse Childhood Experiences as a major risk factor affecting the health of her patients. In 2011, she founded the Center for Youth Wellness and subsequently grew the organization to be a national leader in the effort to advance pediatric medicine, raise public awareness, and transform the way society responds to children exposed to Adverse Childhood Experiences (ACEs) and toxic stress. She also founded and led the Bay Area Research Consortium on Toxic Stress and Health, to advance scientific screening and treatment of toxic stress.

She currently serves as a government liaison for the American Academy of Pediatrics’ National Advisory Board for Screening and sat on the board of the Committee on Applying Neurobiological and Socio-behavioral Sciences From Prenatal Through Early Childhood Development: A Health Equity Approach for the National Academy of Medicine.

Her work has been profiled in best-selling books including “How Children Succeed” by Paul Tough and “Hillbilly Elegy” by J.D. Vance as well as in Jamie Redford’s feature film, “Resilience”. It has also been featured on NPR, CNN and Fox News as well as in USA Today and the New York Times. Dr. Burke Harris’ TED Talk, “How Childhood Trauma Affects Health Across the Lifetime” has been viewed more than 6 million times. Her book “The Deepest Well: Healing the Long-Term Effects of Childhood Adversity” was called “indispensable” by The New York Times.

Dr. Burke Harris is the recipient of the Arnold P. Gold Foundation Humanism in Medicine Award presented by the American Academy of Pediatrics and the Heinz Award for the Human Condition. She was named one of 2018’s Most Influential Women in Business by the San Francisco Business Times.